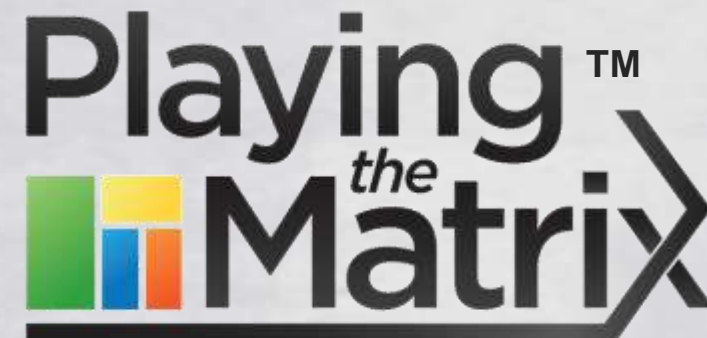


**A Course on Living Deliberately  
and Creating Consciously**

**World Tour IV**

# A look at the day...

1. To revisit this PowerPoint as a printable pdf:  
[www.tut.com/other/ptm4](http://www.tut.com/other/ptm4)  
✓ PowerPoint Slides      ✓ Printable Handout      ✓ Color Matrix
2. Cell Phones.
3. Pictures and Recordings... [#playingthematrix](#) [#1440multiversity](#)
4. Breaks and lunch.
5. Workbook.
6. Questions & Answers.
7. Thank yous!
8. Facebook: [Playing the Matrix](#)
9. Today's use of *The Notes*...



YOUR ATTENTION, PLEASE...

YOUR ATTENTION, PLEASE...

*This.....is the Universe.*

Today I'll be recording your every thought and emotion, no matter how "good" or "bad," no matter how generous or stingy, and no matter how helpful or hurtful they may be. And everything I record will be played back for you, as soon as possible...

*...as some type of physical  
manifestation in time and space.*

Thank you. That is all.

# Playing<sup>TM</sup> *the* Matrix



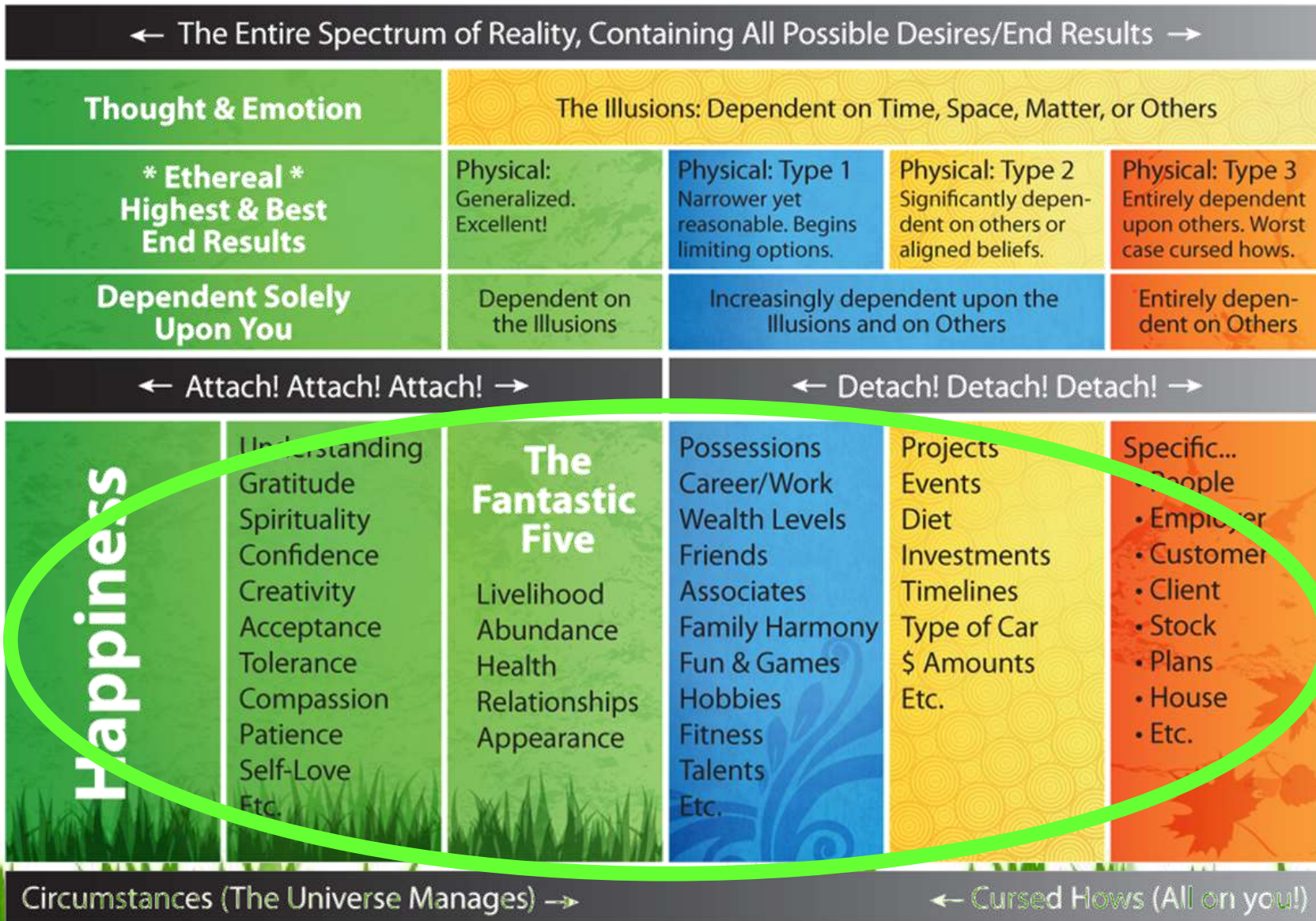
And Getting What You (Really) Want



Merriam-Webster.com

# Ma·trix

Something within or from which something else originates, develops, or takes form . . . Usually a rectangular arrangement of elements into rows and columns.



# Playing the Matrix

## The Ground Rules

1. *Understanding Miracles*
2. *The Matrix*

## Playing the Matrix

3. *Know What You (Really) Want*
4. *Getting Into the Details*
5. *Taking Action*
6. *Expedited Delivery*
7. *The Time of Your Life*





# Understanding Miracles



# Carl Sagan, 1934 - 1996



*“If you wish to make an  
apple pie from scratch,  
you must first  
invent the universe.”*

NASA, Public Domain



# Ask the Hard Questions...

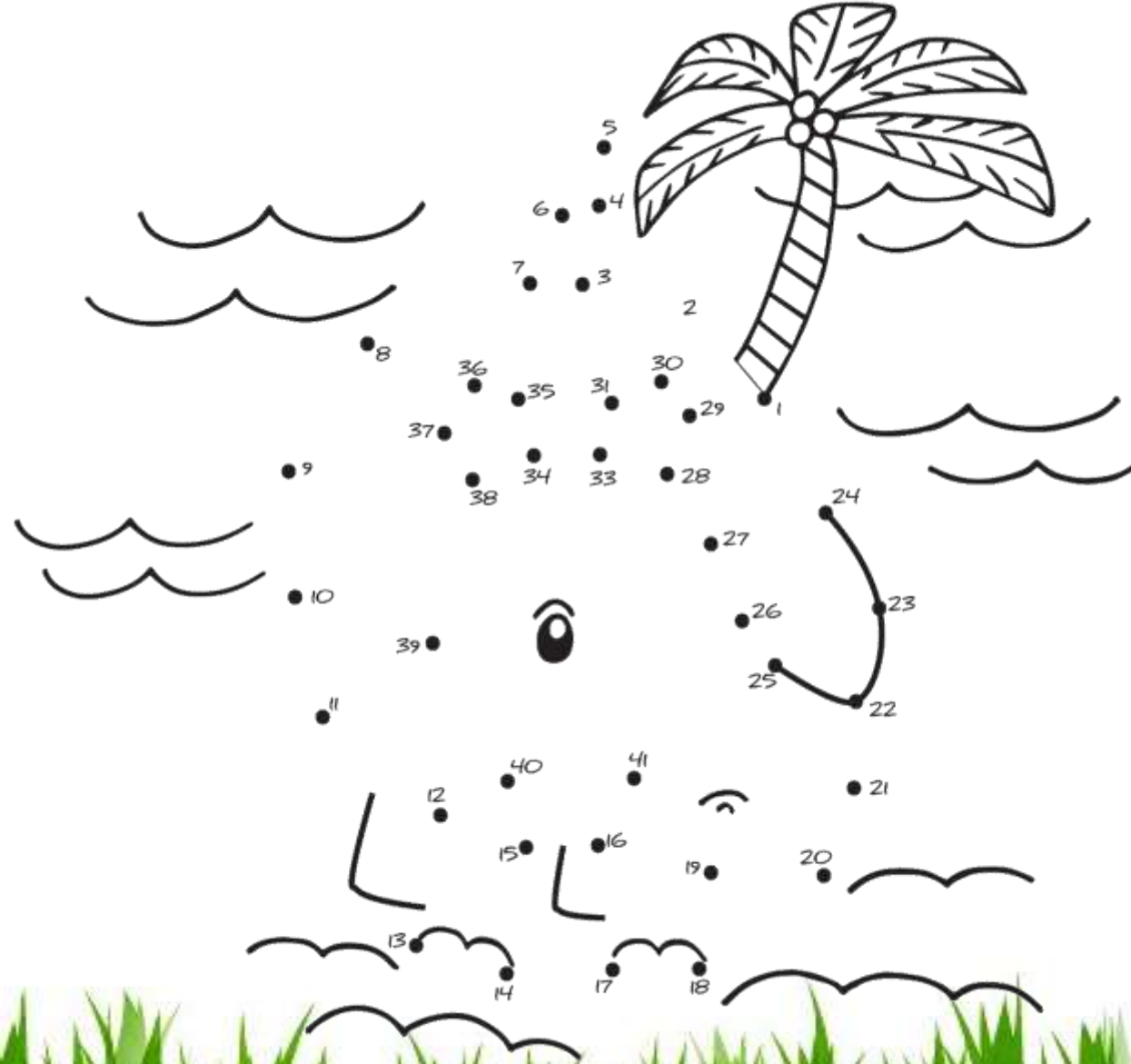


*Who am I?*

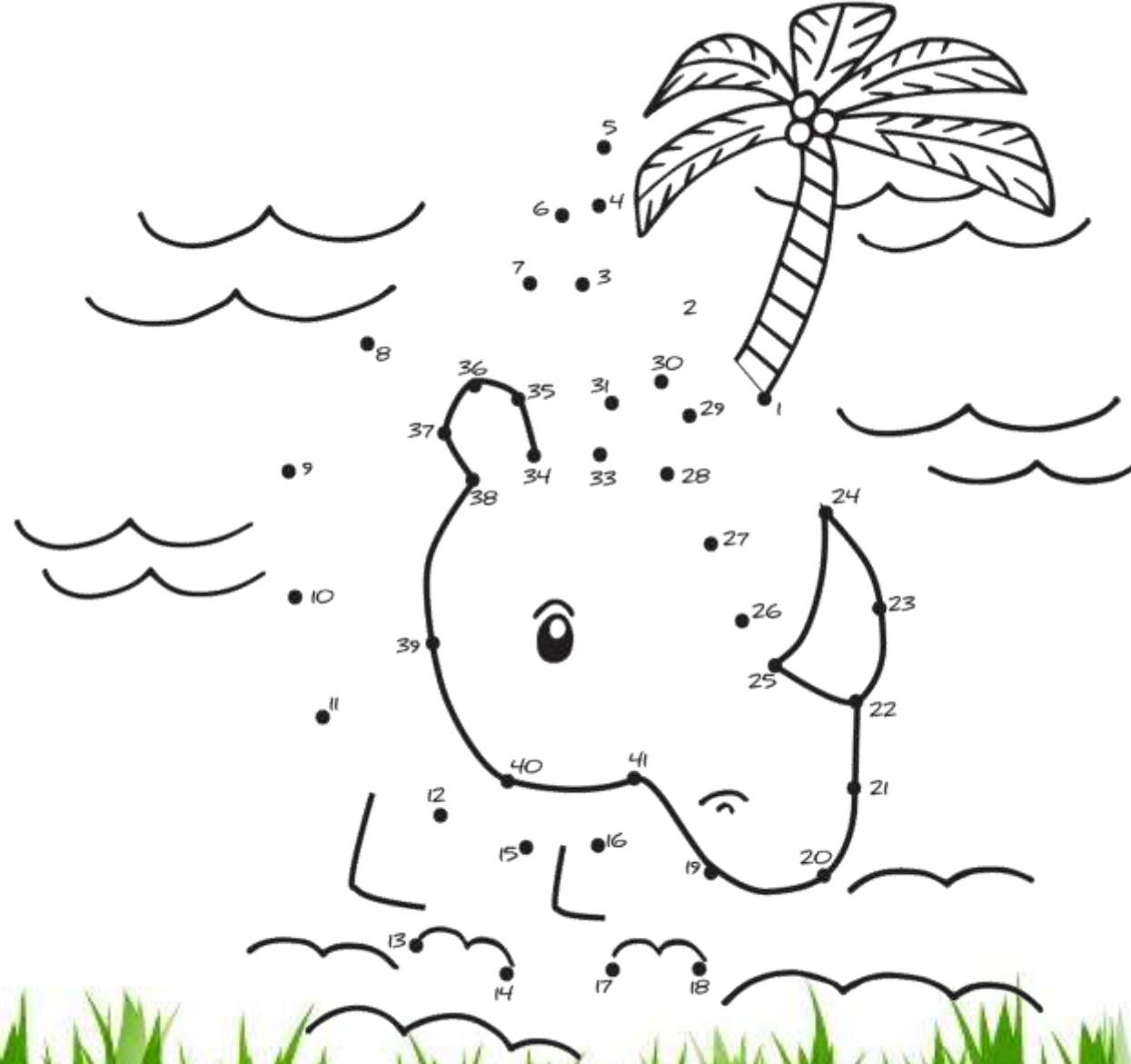
*Why am I here?*

*What can I do with my  
life and how can I do it?*

# Mystery Beach Animal

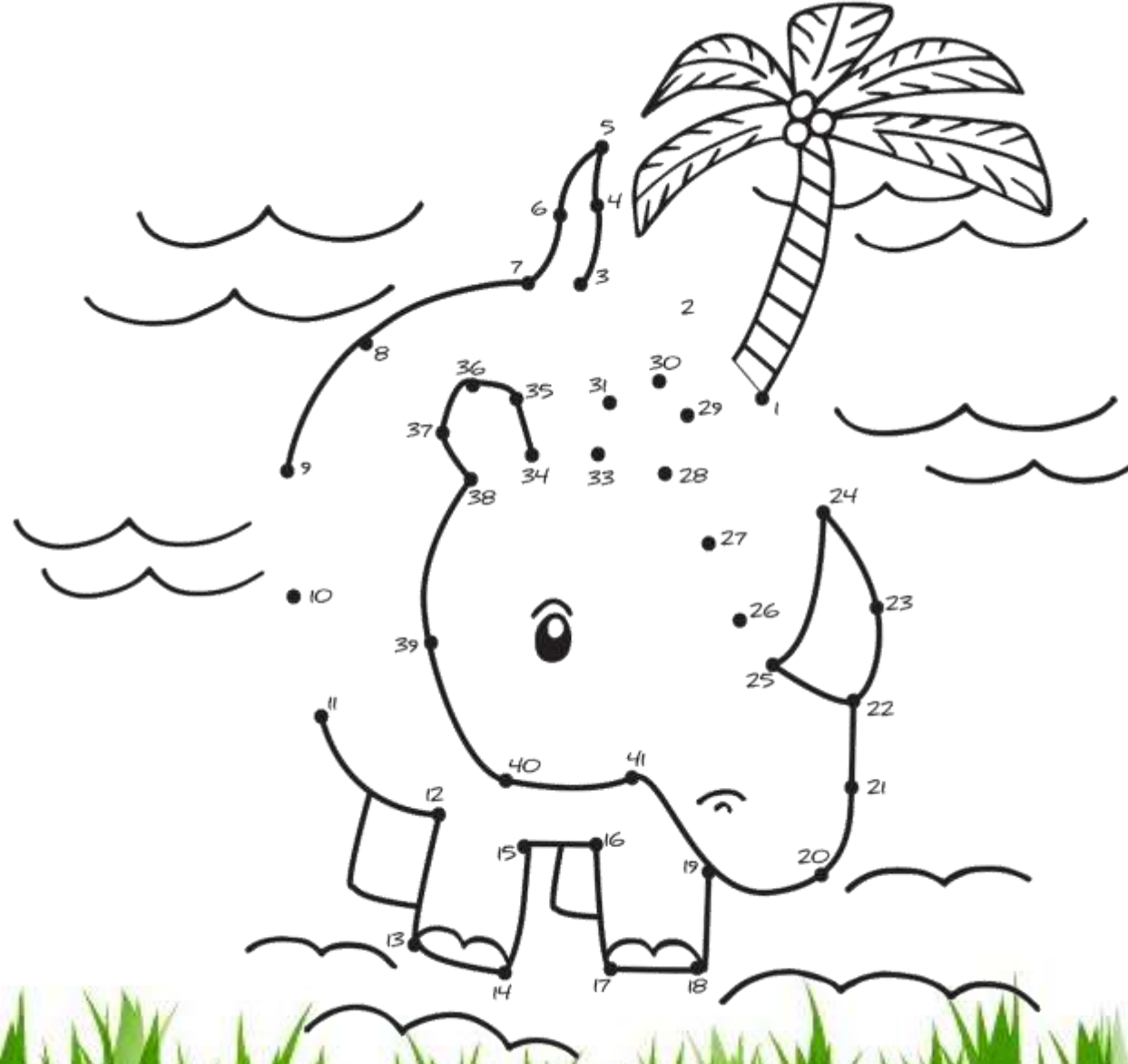


# Mystery Beach Animal





# Mystery Beach Animal



# William of Ockham, 1288 - 1348



## Ockham's Razor

*No or more  
ing theories,  
oler theory is  
kely correct.*

© Moscarlop c/o Wikimedia Commons

# Ask the Hard Questions...



*Who am I?*

*Why am I here?*

*What can I do with my  
life and how can I do it?*



# Ask the Hard Questions...



Playing  
the  
Matrix



# Ask the Hard Questions...



*Who am I?*

*Why am I here?*

*What can I do with my  
life and how can I do it?*

# Ain't it grand?

Doesn't it boggle your mind? The harmony, the splendor, the beauty? The intricacies, the synchronicities, the staggering perfection? Do you ever wonder how it all came about?



# How did it all come about?





# How did it all come about?





# How did it all come about?



# How did it all come about?



# How did it all come about?





# How did it all come about?



# Ain't it grand?

Doesn't it boggle your mind? The harmony, the splendor, the beauty? The intricacies, the synchronicities, the staggering perfection? Do you ever wonder how it all came about?

Do you think I studied quarks, atoms, and molecules? That I drew schematics for the sun, the moon, and the stars; the otter, the Gila Monster, and the penguin? Do you think I painted every zebra, flower, and butterfly?

Or, do you think I simply imagined *the end result*?

***And that's all YOU ever have to do.***

PS - I *hated* school.



*Thoughts become things!*

## G.P.S. Navigation





# *Thoughts become things!*

## The Miraculous Mechanics of Manifestation, Page 4

1. Define what you want in terms of the *End Result*.
2. Start, take action, never stop.

*While understanding:*

3. The miracles of progress are usually invisible.
4. We mustn't insist on the specific details, "hows," or people.



# *Thoughts become things!*

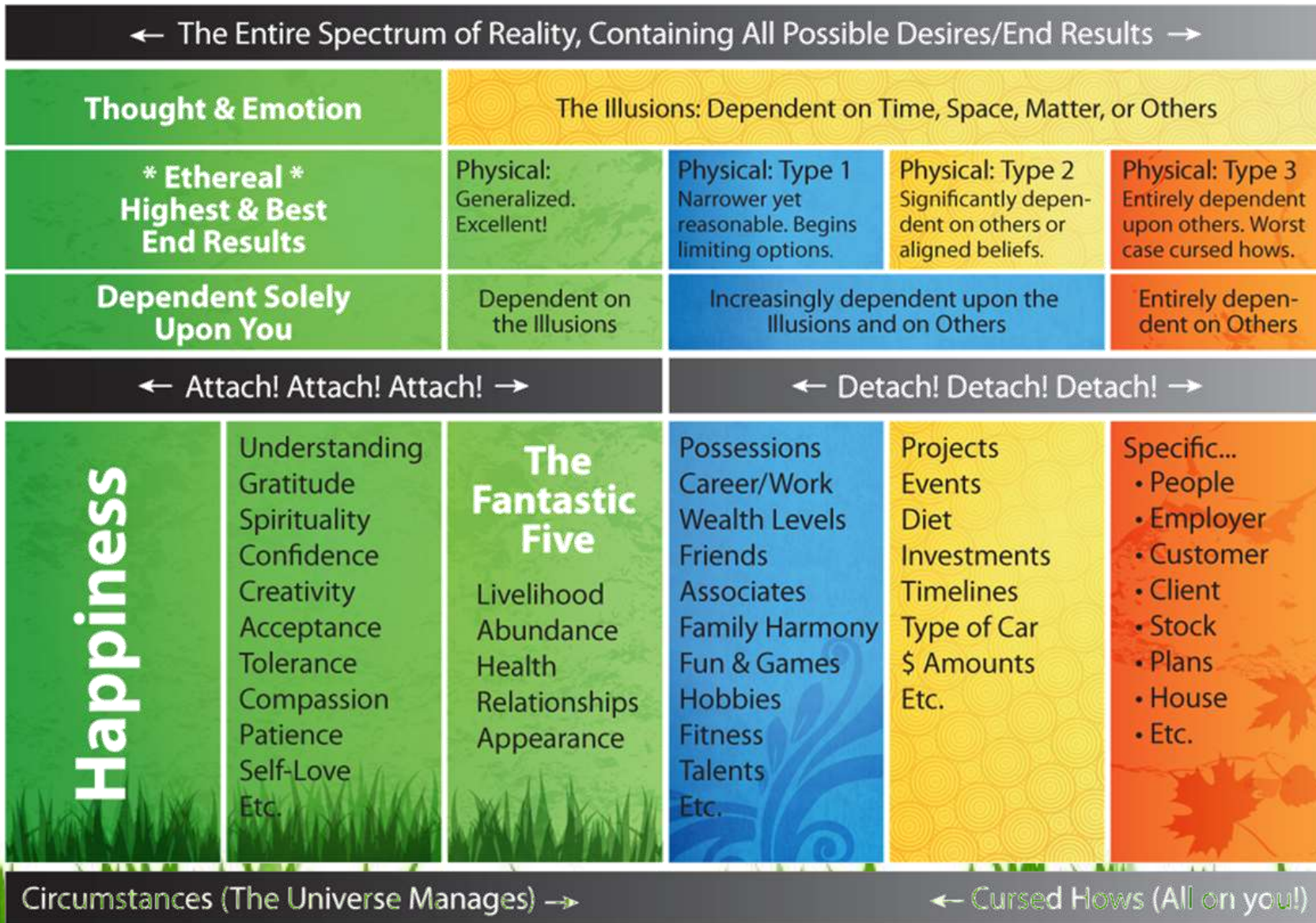
## *The “Bermuda Triangle” of Manifesting!*

*Avoid End Results  
that depend upon:*

1. Specific people  
behaving specific ways

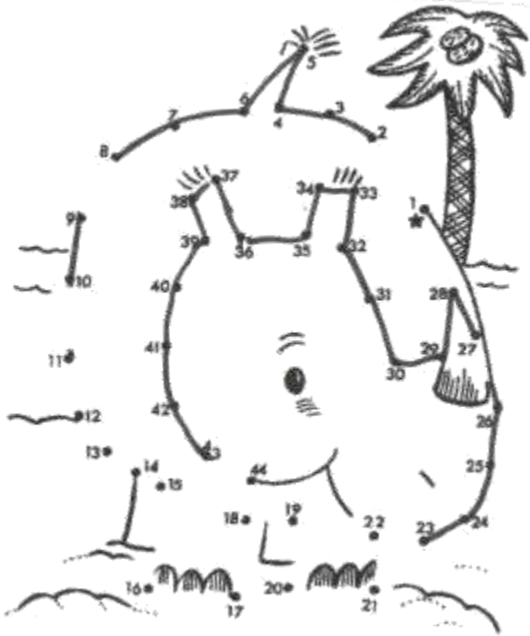
2. Messing with  
the Cursed Hows

3. Insisting on unimportant details  
*(all details are unimportant!)*





# The Truth Shall Set You FREE!



Playing  
the  
Matrix

## The Easy Answers, Page 5

1. You don't have to know all things, to know yourself and how to create change.
2. You are of God; pure God.
3. Your thoughts become things.
4. You are now who you most wanted to be, challenges and all.
5. "Amnesia" ignites passion, inspires dreams and sparks adventure.
6. For these reasons and many more, you are inclined to succeed!

***What's the main reason you  
chose to attend this event?***

What ONE THING was most on your mind as the MAIN thing  
you'd like to bring, change, or manifest into your life:

---

And WHY?



1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



# The Matrix

# Hits and Misses from Micromanagement





# Hits and Misses from Micromanagement

DETACH AND RETAIN THIS STATEMENT  
THIS RECEIPT IS VALID ONLY IF THE WORK IS DONE BY THE COMPANY NAMED HEREON. IT IS NOT VALID IF THE WORK IS DONE BY AN INDIVIDUAL OR BY A SUBCONTRACTOR.

WEN - DIC CONSTRUCTION CO., INC.

DESCRIPTION	AMOUNT
Payment in Full for damage done to his CAR, By John Collins letting the wheel borrow blow off his truck and it it Mike's hood of his car.	
REPAIR CODE	\$323.47

# Hits and Misses from Micromanagement



# Hits and Misses from Micromanagement



# Hits and Misses from Micromanagement





# Hits and Misses from Micromanagement



# Hits and Misses from Micromanagement



# Hits and Misses from Micromanagement





# Hits and Misses from Micromanagement

## *Kingdom of Saudi Arabia*





# Hits and Misses from Micromanagement



# Hits and Misses from Micromanagement





## 2 Main Reasons for Disappointments

### 1. **Misunderstandings**

- ✓ *Our Power, Divinity, and Responsibilities*
- ✓ *The FLOW of all Manifestations*

### 2. **Contradictions – *The Nuances***

- ✓ *Not knowing what you really want*
- ✓ *Attaching to the Details*
- ✓ *Messing with the “Cursed Hows”*



# The Matrix

← The Entire Spectrum of Reality, Containing All Possible Desires/End Results →					
Thought & Emotion		The Illusions: Dependent on Time, Space, Matter, or Others			
* Ethereal * Highest & Best End Results	Dependent Solely Upon You	Physical: Generalized. Excellent!	Physical: Type 1 Narrower yet reasonable. Begins limiting options.	Physical: Type 2 Significantly depen- dent on others or aligned beliefs.	Physical: Type 3 Entirely dependent upon others. Worst case cursed hows.
		Dependent on the Illusions	Increasingly dependent upon the Illusions and on Others		Entirely depen- dent on Others
← Attach! Attach! Attach! →			← Detach! Detach! Detach! →		
Happiness	Understanding Gratitude Spirituality Confidence Creativity Acceptance Tolerance Compassion Patience Self-Love	The Fantastic Five  Livelihood Abundance Health Relationships Appearance	Possessions Career/Work Wealth Levels Friends Associates Family Harmony Fun & Games Hobbies Fitness Talents Etc.	Projects Events Diet Investments Timelines Type of Car \$ Amounts Etc.	Specific... • People • Employer • Customer • Client • Stock • Plans • House • Etc.
	Circumstances (The Universe Manages) →		← Cursed Hows (All on you!)		



# The Matrix

← The Entire Spectrum of Reality, Containing All Possible Desires/End Results →

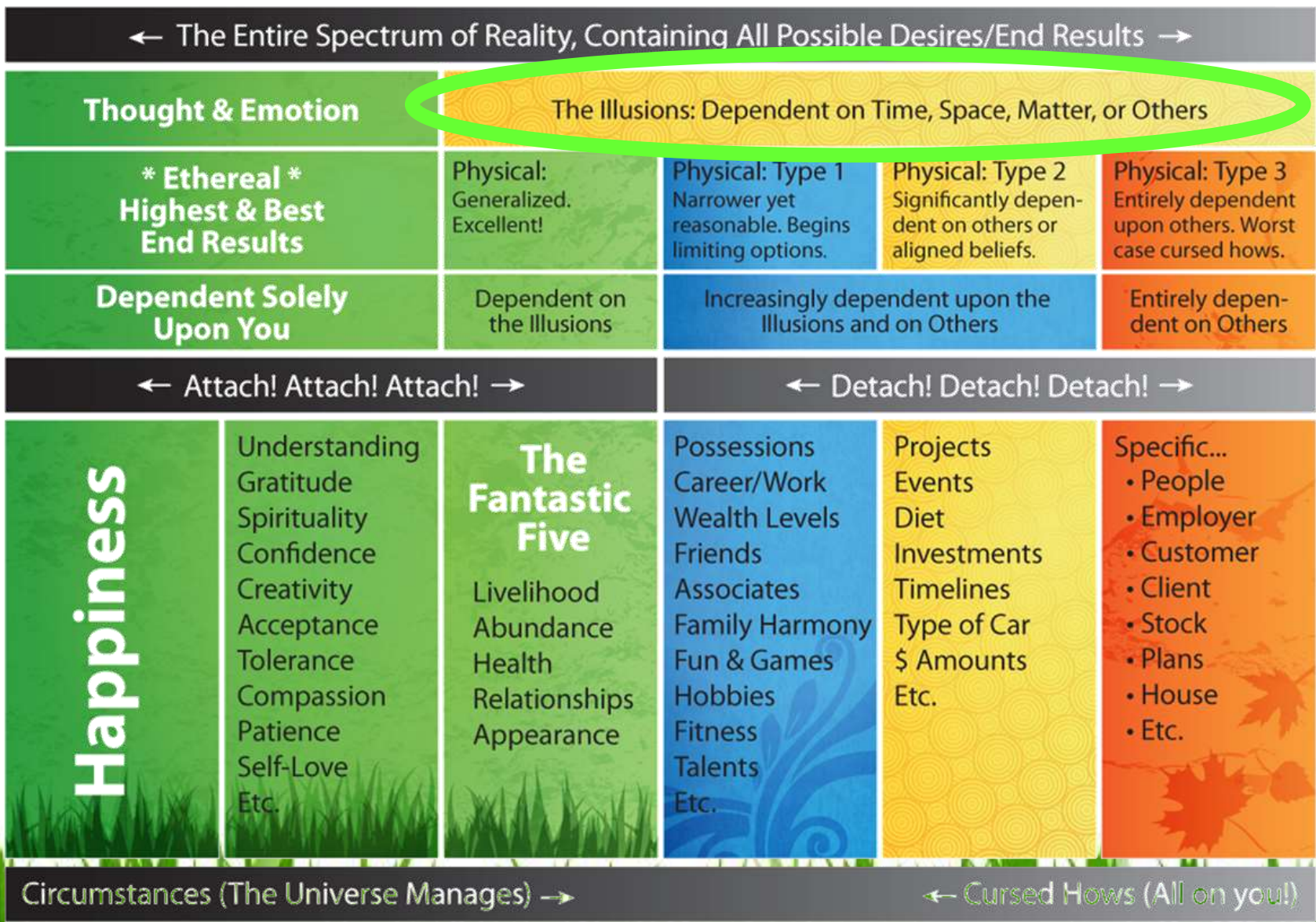
Thought & Emotion		The Illusions: Dependent on Time, Space, Matter, or Others			
* Ethereal * Highest & Best End Results	Physical: Generalized. Excellent!	Physical: Type 1 Narrower yet reasonable. Begins limiting options.	Physical: Type 2 Significantly depen- dent on others or aligned beliefs.	Physical: Type 3 Entirely dependent upon others. Worst case cursed hows.	
	Dependent Solely Upon You	Dependent on the Illusions	Increasingly dependent upon the Illusions and on Others		Entirely depen- dent on Others
← Attach! Attach! Attach! →			← Detach! Detach! Detach! →		
Happiness	Understanding Gratitude Spirituality Confidence Creativity Acceptance Tolerance Compassion Patience Self-Love Etc.	The Fantastic Five  Livelihood Abundance Health Relationships Appearance	Possessions Career/Work Wealth Levels Friends Associates Family Harmony Fun & Games Hobbies Fitness Talents Etc.	Projects Events Diet Investments Timelines Type of Car \$ Amounts Etc.	Specific... • People • Employer • Customer • Client • Stock • Plans • House • Etc.

Circumstances (The Universe Manages) → ← Cursed Hows (All on you!)





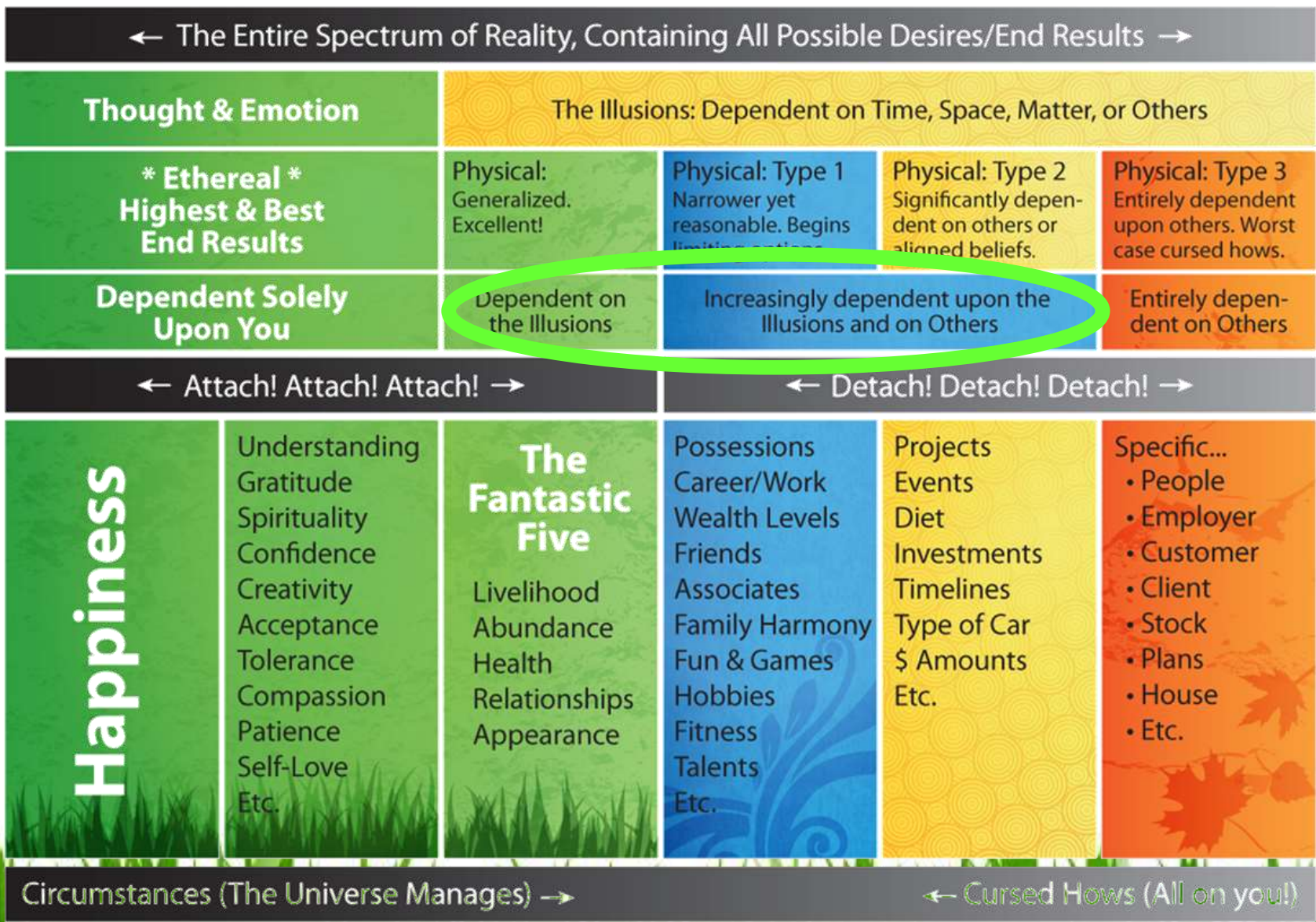










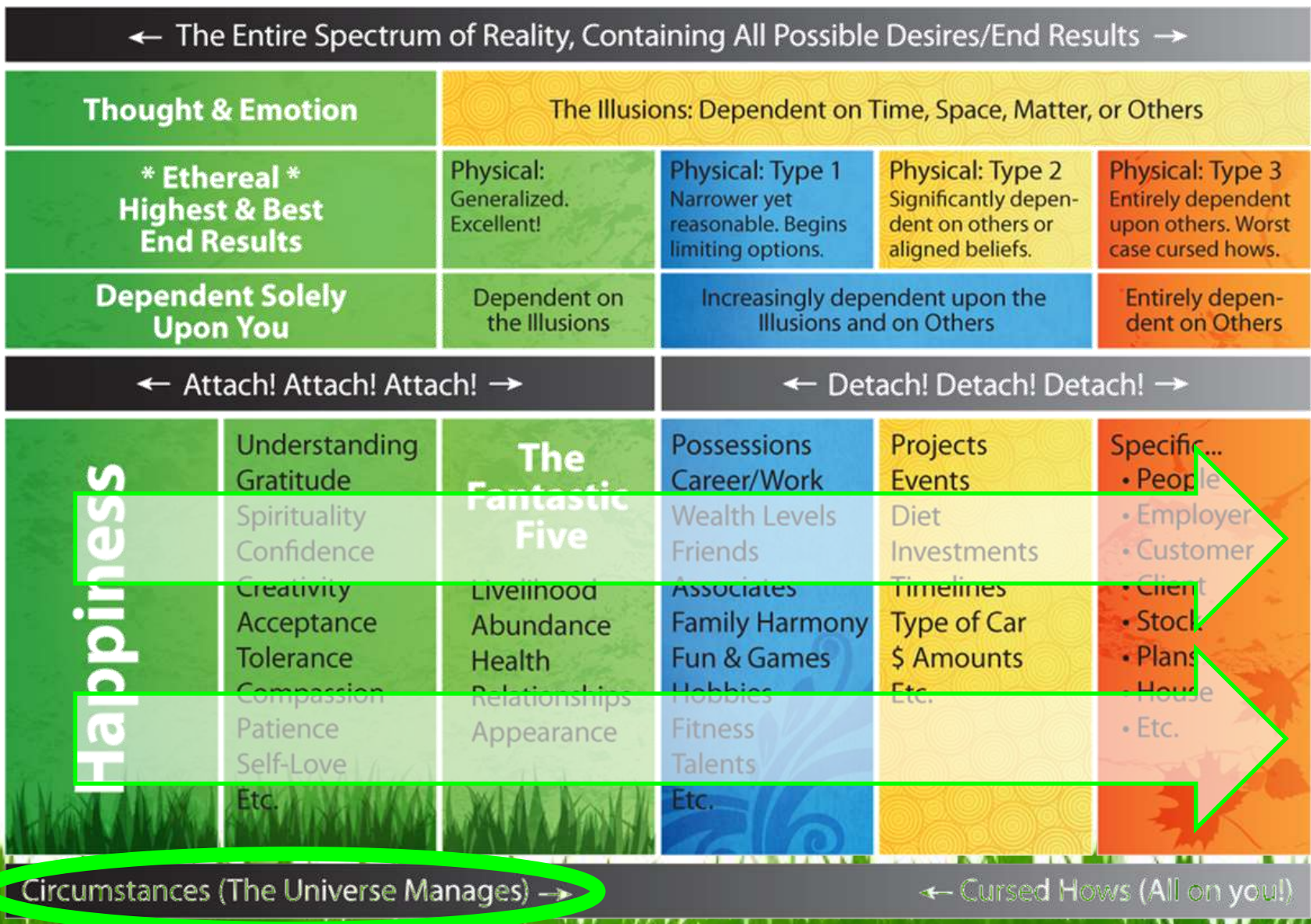






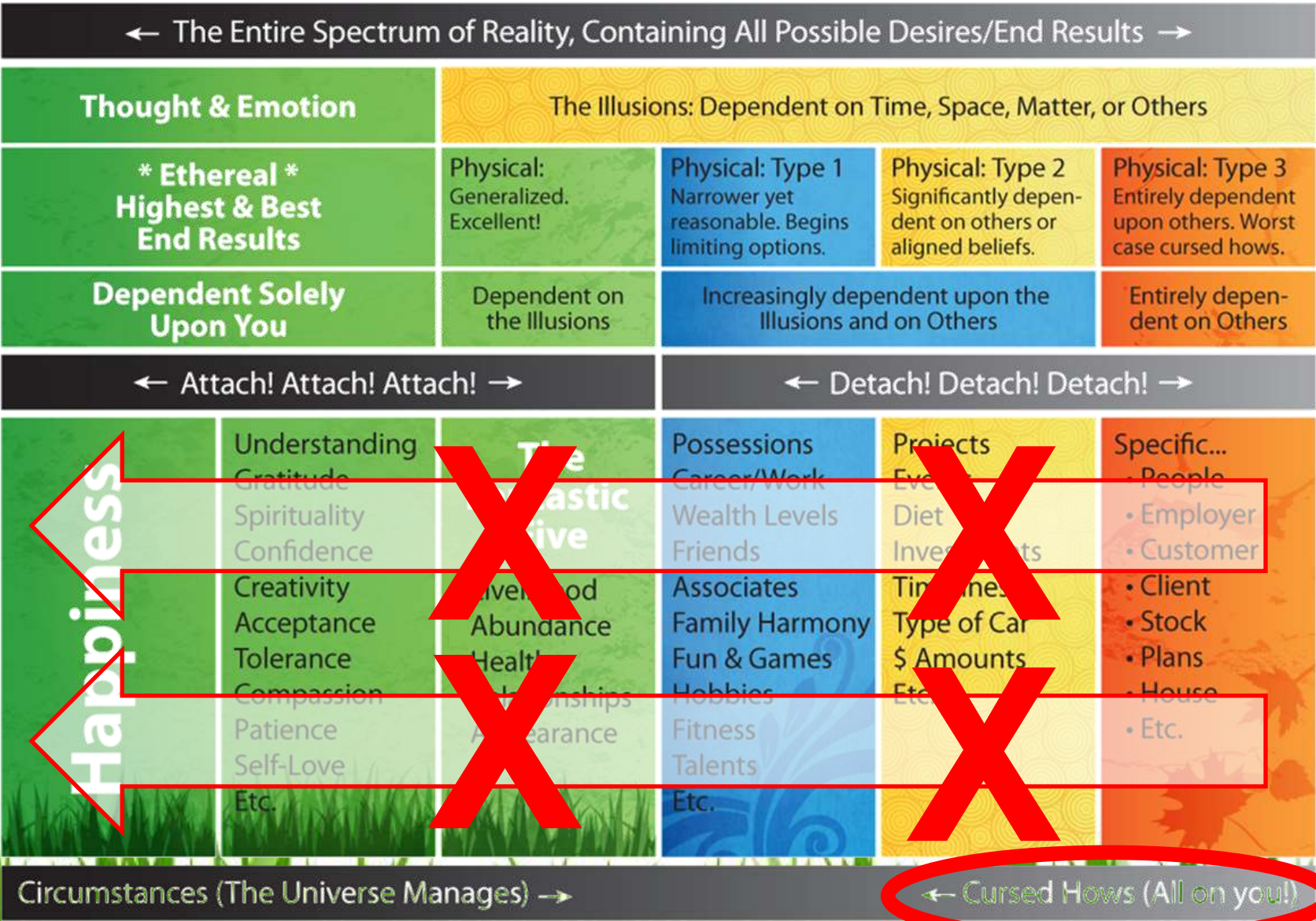


# The Matrix



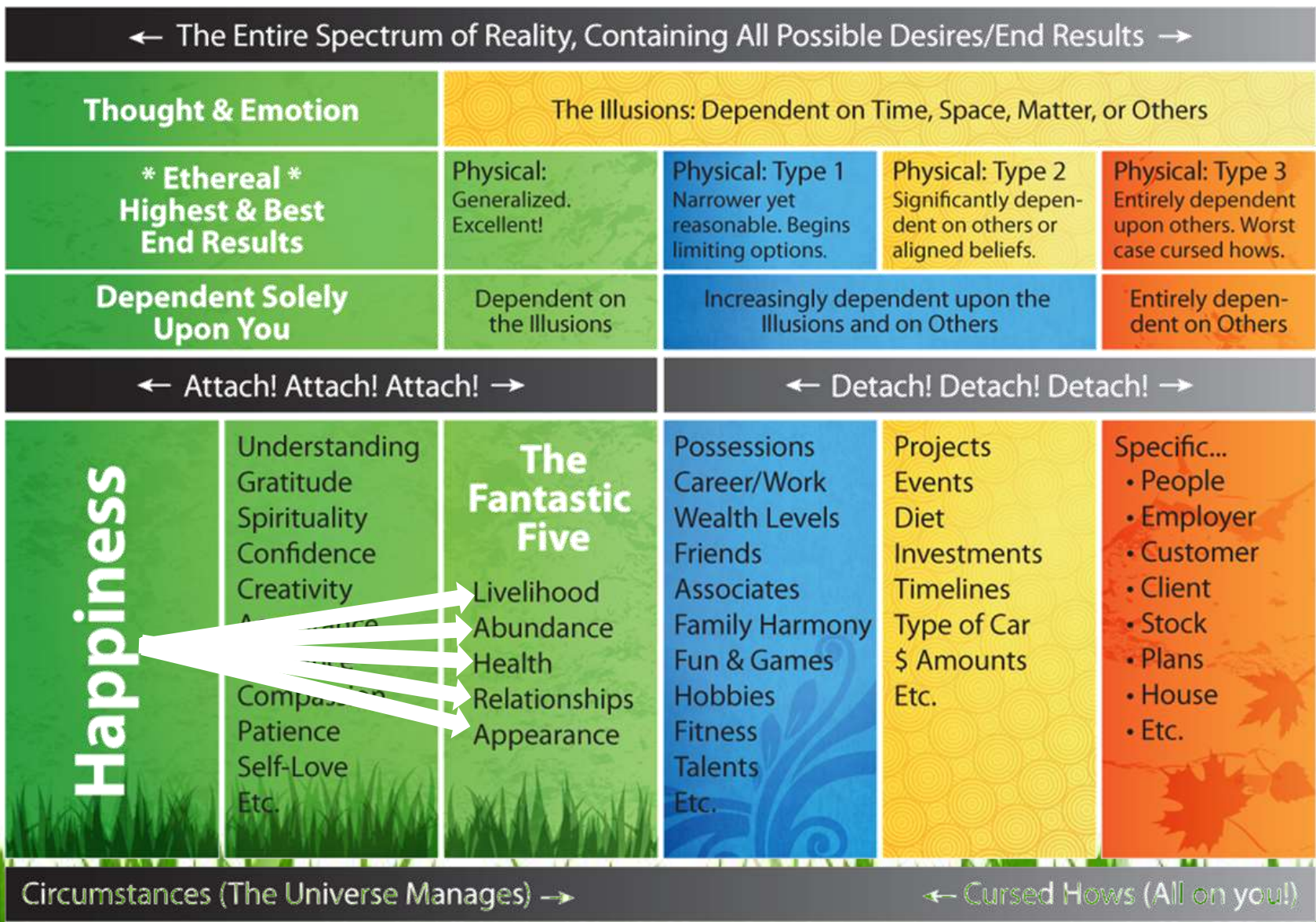


# The Matrix



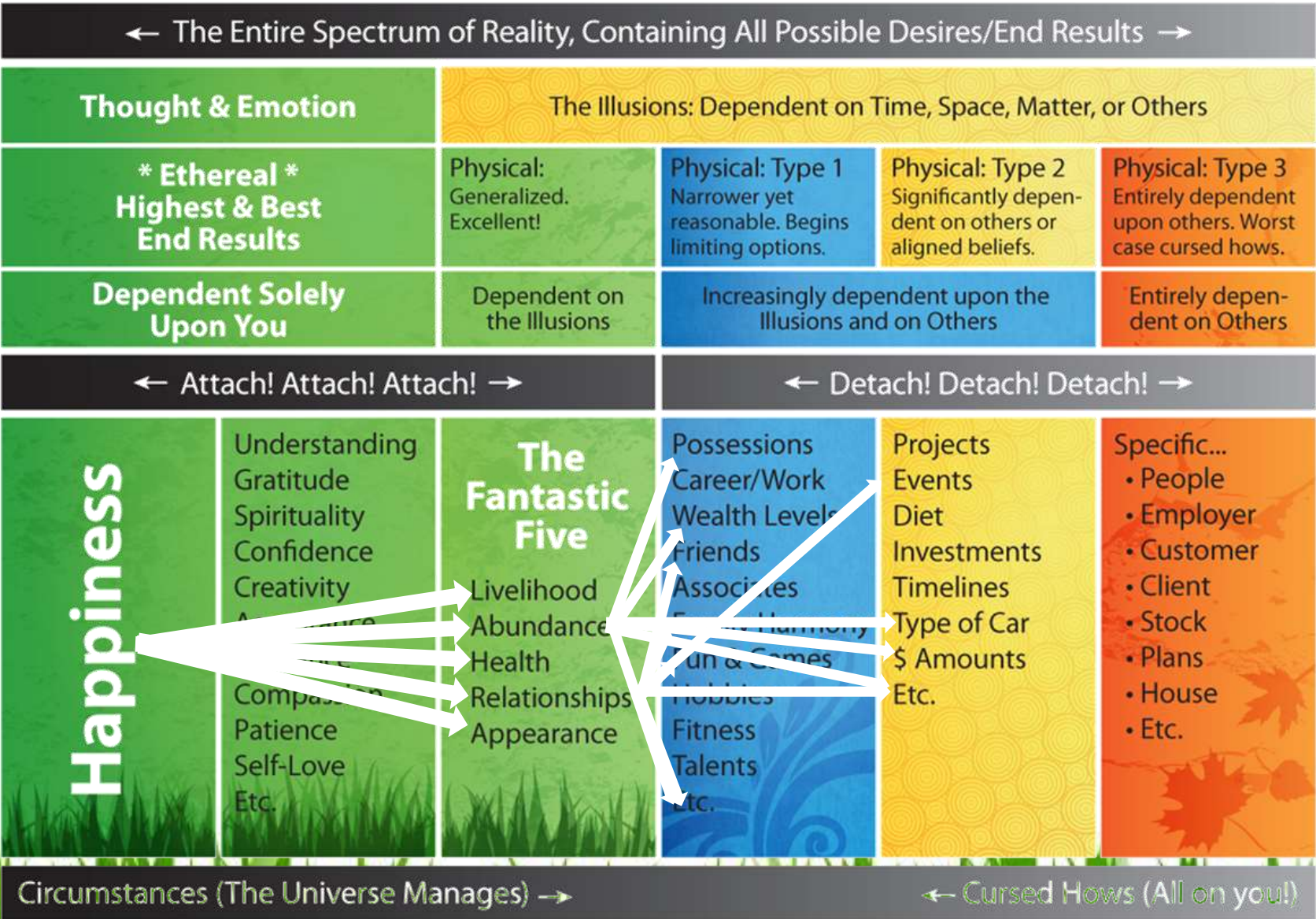


# The Matrix





# The Matrix



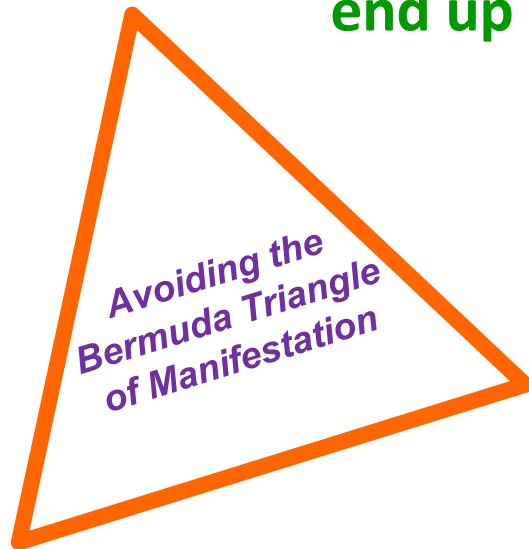
# Ever notice...

...how, when someone dreams of **HAPPINESS, ABUNDANCE, HEALTH, ROMANCE, OR FRIENDSHIP**, they never have to wonder if it's in their best interest?

But when they dream of a *specific* house, employer, love interest, deadline, dollar amount, or diet fad, they often end up contradicting themselves?

Keep your "end results" general.

*Everything else is just a how.*



To the **BIG** picture,  
The Universe

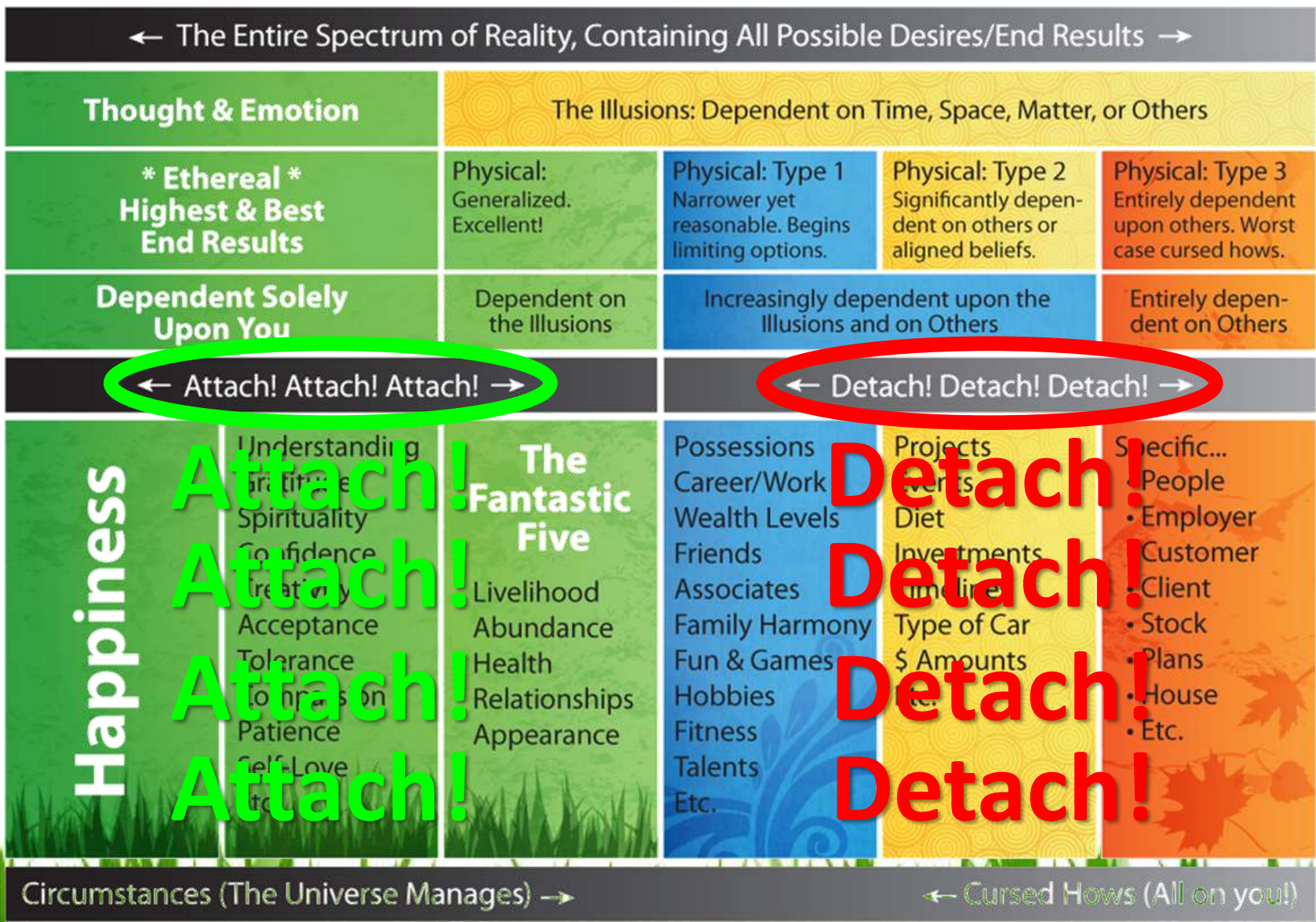


# ***But, but, but....!***



***“Never attach to the OUTCOME; the End Result!”***





# ***But, but, but....!***



***“Never attach to the OUTCOME; the End Result!”***

***“What about vision boards?”***







# ***But, but, but....!***



***“Never attach to the OUTCOME; the End Result!”***

***“What about vision boards?”***

***“Be careful of what you wish for...!”***







← The Entire Spectrum of Reality, Containing All Possible Desires/End Results →					
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Attach! Attach! Attach! →			← Detach! Detach! Detach!		
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	Circumstances (The Universe Manages) →		← Cursed Hows (All on you!)		



# ***But, but, but....!***



***“Never attach to the OUTCOME; the End Result!”***

***“What about vision boards?”***

***“Be careful of what you wish for...!”***

***“More tears are shed over prayers that are answered,  
than prayers that are not.”***





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	Circumstances (The Universe Manages) →		← Cursed Hows (All on you!)		

# ***But, but, but....!***



***“Never attach to the OUTCOME; the End Result!”***

***“What about vision boards?”***

***“Be careful of what you wish for...!”***

***“More tears are shed over prayers that are answered,  
than prayers that are not.”***

***“If you want God to laugh, tell Him your plans.”***







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# ***But, but, but....!***



***“Never attach to the OUTCOME; the End Result!”***

***“What about vision boards?”***

***“Be careful of what you wish for...!”***

***“More tears are shed over prayers that are answered,  
than prayers that are not.”***

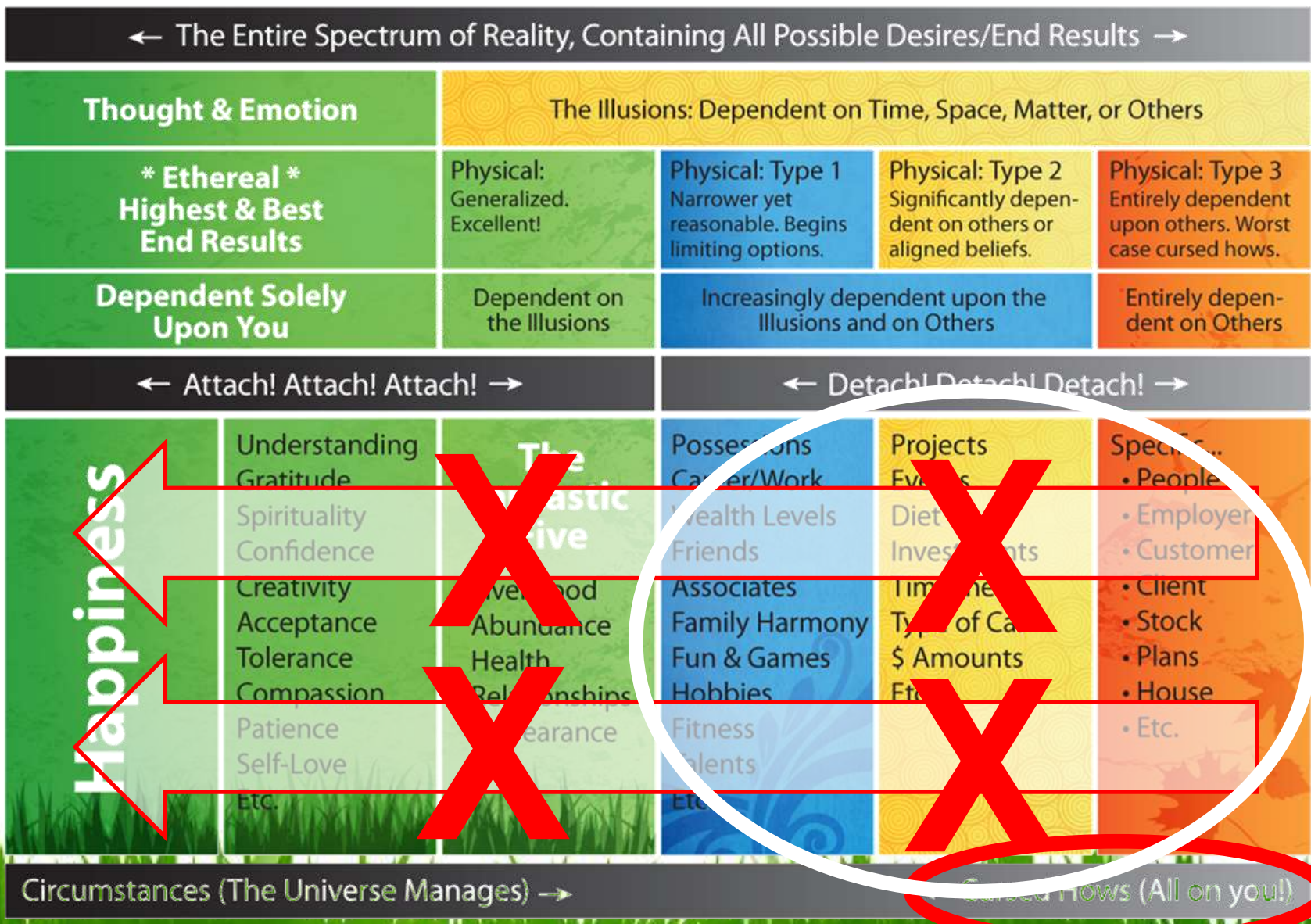
***“If you want God to laugh, tell Him your plans.”***

***“What about my new car? My commissions?  
What about Trixie!?”***






# The Matrix





# The Matrix – An Overview

- 
7. Of course, you can still visualize owning a new Mercedes, closing on a particular deal, earning a sales quota, or a hot date with a particular person, just never lose sight of the big picture. Don't "insist" or attach to the details; leave the door open for something even better. And realize that none of these details, on their own, are essential for you to have an outrageously grand life, nor, should they manifest even exactly as you like, will they ensure your overall wellbeing. Therefore, you would ideally simultaneously play the Matrix on numerous other fronts, particularly in the areas of the Fantastic Five and/or happiness!

# Playing the Matrix in 3 Steps:

## 1. CHOOSE A GENERAL END RESULT.

Identify the General Areas of your life that you'd like to deliberately manifest change, usually the Fantastic 5 (or Happiness).

## 2. GET INTO THE DETAILS without attaching to them.

Considering the FLOW of the Matrix, beginning with your life priorities for change, define your desired END RESULTS by listing the anticipated detailed consequences of your successful change.

## 3. TAKE ACTION without messing with the “Hows.”

Considering the FLOW of the Matrix, beginning with your END RESULTS in mind, work across the Matrix to give yourself an idea of where your paths and baby steps may begin.





← The Entire Spectrum of Reality, Containing All Possible Desires/End Results →				
Thought & Emotion		The Basics: Dependent on Time, Space, Matter, or Others		
* Ethereal * Highest & Best End Results	Physical Excellent!	Physical Type 1 Dependent on circumstances, degree of belief system	Physical Type 2 Significantly dependent on others or aligned beliefs	Physical Type 3 Totally dependent upon others, world and current beliefs
	Dependent Solely Upon You	Dependent on the Basics	Significantly dependent upon the Basics and on Others	Totally dependent on Others
← Attach! Attach! Attach! →		← Detach! Detach! Detach! →		
Happiness	Understanding Gratitude Spirituality Confidence Creativity Acceptance Tolerance Compassion Patience Self-Love	The Fantastic Five Wellbeing Abundance Health Relationships Appearance	Possessions Career/Work Wealth Levels Friends Associates Family Members Fun & Games Hobbies Fitness Beauty Sex	Projects Events Diet Investments Timelines Type of Car \$ Amounts Etc.
				Specific... → People → Employer → Customer → Client → Stock → Plans → Home → Etc.
Circumstances (The Universe Manages) →		← Cursed Hows (All on you!) →		



## Ideal End Results, Page 12

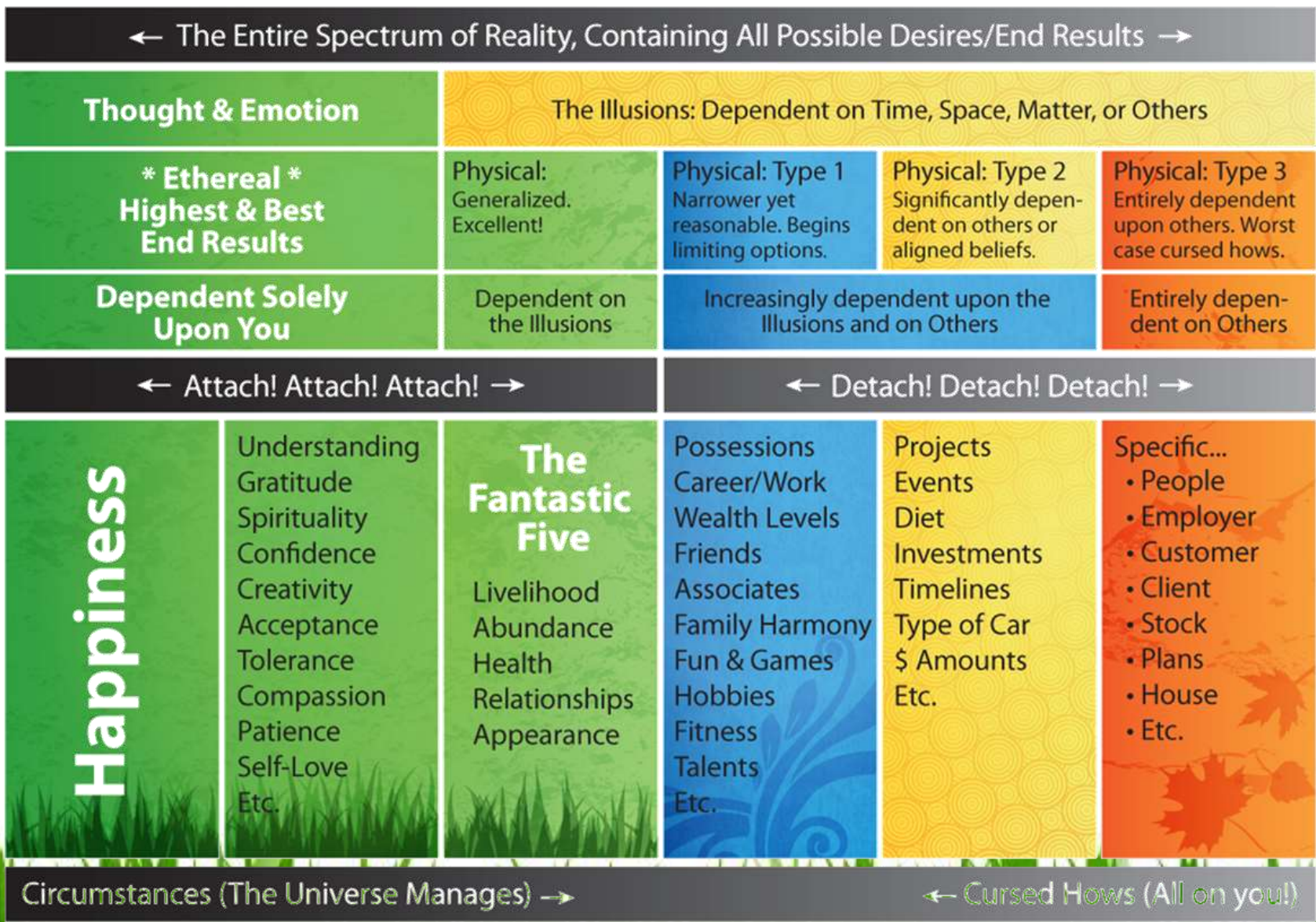
1. Be self-serving; you can't play the Matrix for others.
2. Ideally each furthers the journey; and are not just destinations.
3. Should make sense and feel good.
4. Should not depend on specific people, paths, or timelines.
5. Should usually not be HOW other dreams will come true.
6. Keep them GENERAL!



## *Understanding Your Motivation*

*“Why are you really here today?”*

1. Were YOU the primary beneficiary?
2. Does it enable a journey/adventure or is it mostly a destination?
3. Do you feel comfortable with it in your heart and your mind?
4. Does its manifestation depend upon specific people, paths, or timelines?
5. Are other dreams of yours dependent on this dream first coming true?
6. Was it GENERAL?





## Knowing What You (*Really*) Want



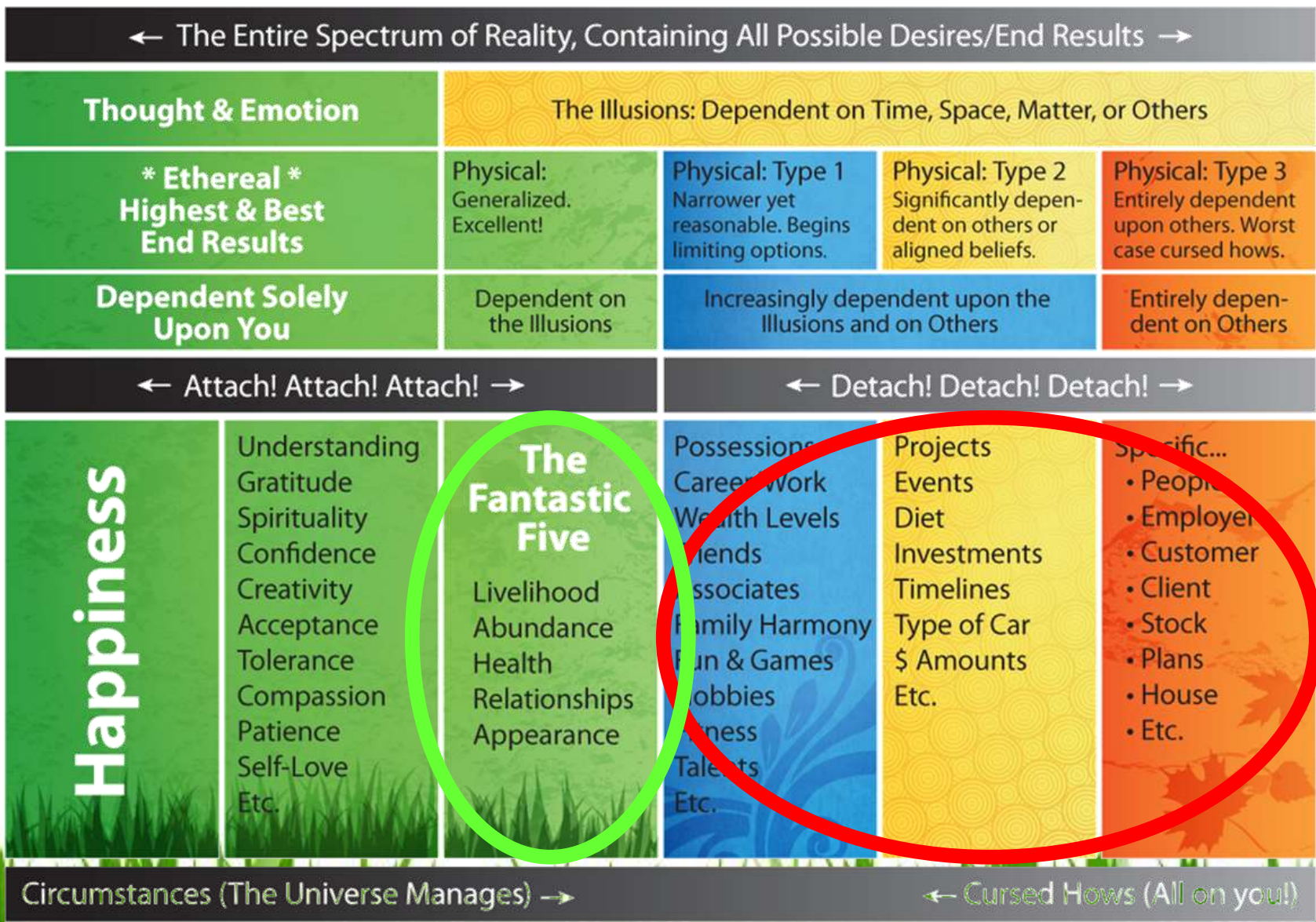
Do you know what “unlimited” means?

It means you decide...

EVERYTHING.

Whoa,  
The Universe





It's easy...



**EVERYTHING!**



## Knowing What You (Really!) Want

1. You already know exactly what you want when you keep it general.
2. When you keep it general, you shoot past your known objections.
3. When your End Results are general, you never have to doubt, second guess or quit. “Failure” becomes impossible.





← The Entire Spectrum of Reality, Containing All Possible Desires/End Results →					
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It's easy...



**EVERYTHING!**



## Knowing What You (Really!) Want

1. You already know exactly what you want when you keep it general.
2. When you keep it general, you shoot past your known objections.
3. When your end results are general, you never have to doubt, second guess or quit. "Failure" becomes impossible.
4. The more general your end results, the faster and easier they'll manifest.
5. Let your highest life priorities for change help you choose where to begin.

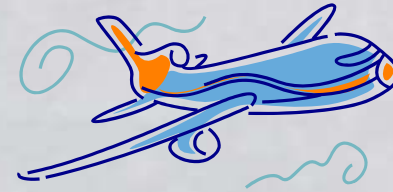
## Exercise, Page 16



### ***What are your highest priorities for change?***

For Mike they were:

- ✓ ***Wealth and Abundance***
- ✓ ***Creative Fulfilling Work***
- ✓ ***International Travel***
- ✓ ***Friends and Laughter***



Keeping General and working on the LEFT side of the Matrix, creatively ***phrase up*** to 5 of ***your*** most prized “End Results” choosing words that suit you. Or, feel free to use the above. See possible ideas in the middle of the worksheet.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



**Bees can fly 12 miles without getting lost.**

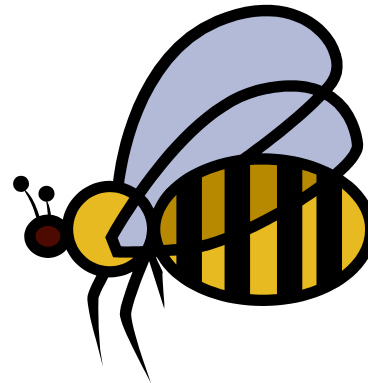
Albatrosses, 25,000 miles. And flying insects, without eyes, have no trouble whatsoever finding their “soul mates.”

Imagine what I can do for you, when you stop worrying about the HOWS, and begin listening to the voice within.

Tallyho,

The Universe

***Voice, not voices.***



# Playing the Matrix in 3 Steps:

## 1. CHOOSE A GENERAL END RESULT.

Identify the General Areas of your life that you'd like to deliberately manifest change, usually the Fantastic 5 (or Happiness).

✓ **DONE!**





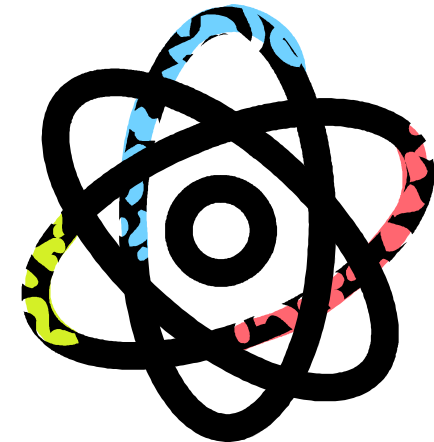
# Getting Into the Details



# The Chaos Theory

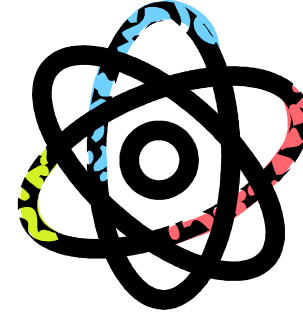
Wikipedia - “A branch of mathematics which studies the behavior of certain dynamical systems that give the impression that the system is behaving randomly...

...even though these systems are deterministic, meaning that their future dynamics are fully determined by their initial conditions *with no random elements involved.....*”



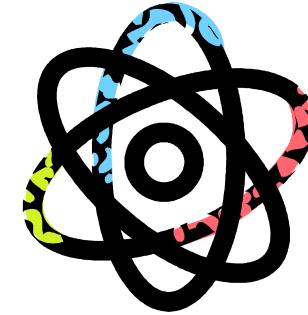
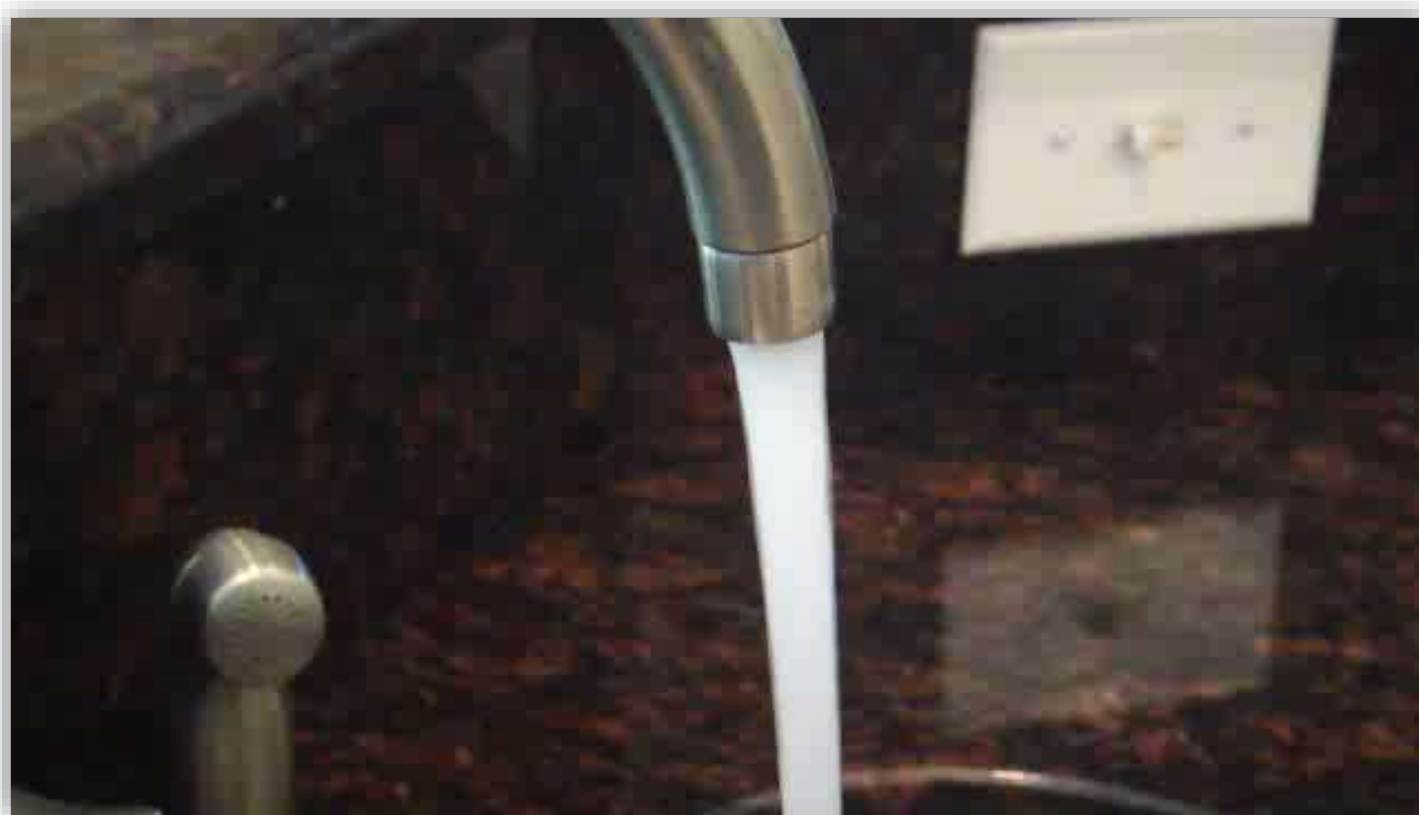
# The Chaos Theory

Scientists at UC Santa Cruz found chaos  
in a dripping ~~water~~ faucet.



# The Chaos Theory

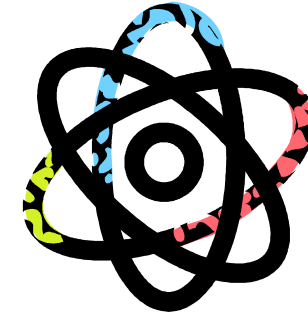
The GUSH . . .





# The Chaos Theory

Chaos in action . . .



# The Chaos Theory

## Leonard Cohen > Quotes > Quotable Quote



“Ring the bells that still can ring  
Forget your perfect offering  
There is a crack in everything  
That's how the light gets in.”

— Leonard Cohen

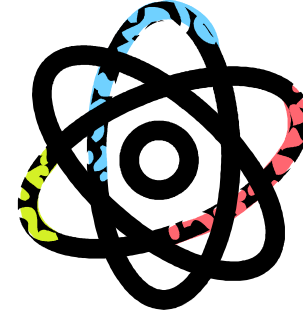
# The Chaos Theory

Scientists believe that 20<sup>th</sup> century will be known for only three new theories:

*1- Relativity*

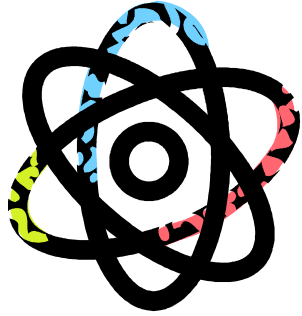
*2- Quantum Mechanics*

*3- Chaos*





The details ROCK . . .



Just don't trust them!



## Getting into the Details, Page 19

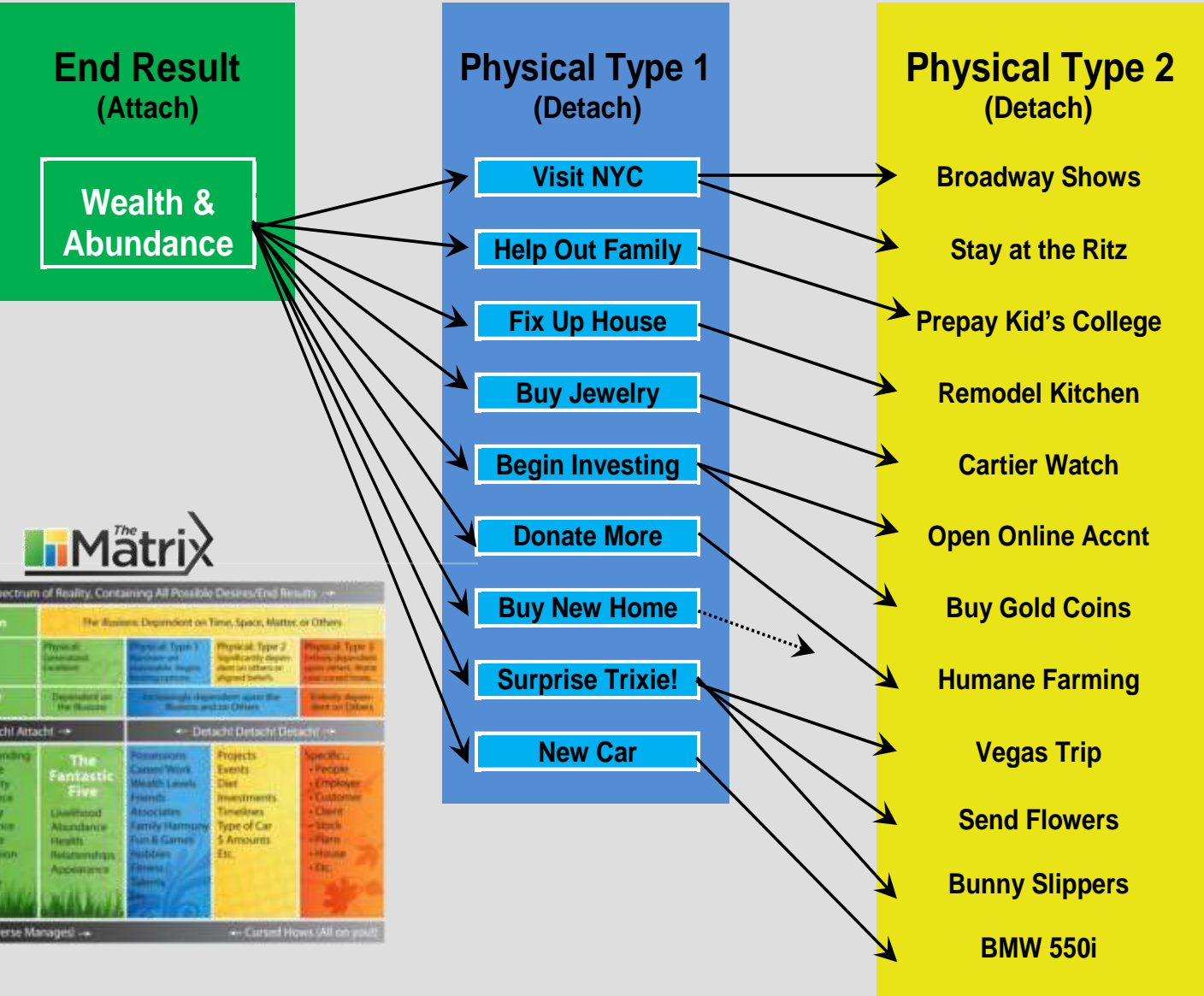
1. The details are visualized to get you excited about your end results, not to be your end results.
2. There's always more than ONE right answer, path, possibility, partner, or nuance – *so insist upon none*.
3. When you insist on details, you exclude a virtually infinite number of better possibilities.
4. When details become end results, you're actually messing with the cursed hows.
5. Make your "menu" lists, imagine all the juicy details, just *don't attach to them*.

# Getting into the details...



← The Entire Spectrum of Reality, Containing All Possible Desires/End Results →					
Thought & Emotion		The Illusions: Dependent on Time, Space, Matter, or Others			
* <b>Ethereal</b> * <b>Highest &amp; Best</b> <b>End Results</b>		Physical: Generalized. Excellent!	Physical: Type 1 Narrower yet reasonable. Begins limiting options.	Physical: Type 2 Significantly dependent on others or aligned beliefs.	Physical: Type 3 Entirely dependent upon others. Worst case cursed hows.
<b>Dependent Solely Upon You</b>		Dependent on the Illusions	Increasingly dependent upon the Illusions and on Others		Entirely dependent on Others
← Attach! Attach! Attach! →			← Detach! Detach! Detach! →		
<b>Happiness</b>	Understanding Gratitude Spirituality Confidence Creativity Acceptance Tolerance Compassion Patience Self-Love Etc.	<b>The Fantastic Five</b>  Livelihood Abundance Health Relationships Appearance	Possessions Career/Work Wealth Levels Friends Associates Family Harmony Fun & Games Hobbies Fitness Talents Etc.	Projects Events Diet Investments Timelines Type of Car \$ Amounts Etc.	Specific... <ul style="list-style-type: none"><li>• People</li><li>• Employer</li><li>• Customer</li><li>• Client</li><li>• Stock</li><li>• Plans</li><li>• House</li><li>• Etc.</li></ul>
Circumstances (The Universe Manages) →			← Cursed Hows (All on you!)		







# Getting into the DETAILS Page 21

## 1. End Result (One “Fab Five” item)

**Wealth & Abundance**

↑ This is what you attach to! ↑

↓ Don't attach to these lesser details ↓

## 2. Matrix “Type 1” Details

**Visit New York City**

**Help Out family**

**Fix Up House**

**Begin Investing**

3. Circle the Type 1 item that you will list finer details for in Step 4 of this exercise.

1. Enter just one of the “End Results” that you’d like to manifest change in, using the top, left box.

2. Then, *taking into account your preferences and tastes*, get more specific with details you’d like to have/experience in your life.

3. For this exercise (time being a factor), circle just ONE of the Type 1 generalities that you will list greater details for next.

4. Again *taking into account your preferences and tastes*, list even finer details you’d imagine your dream life would include within the overall End Result category first chosen.

For ONE only, choose finer details.

## 4. Matrix “Type 2” Details

**Broadway Shows**

**Stay at the Ritz**

**Circle Line Ferry**

**Visit Museums**

**Picnic in Central Park**

**Empire State Bldg**

**Rotary / Network**



## 4. Getting Into the Details (without attaching to them!)

### BONUS TIPS – Empowering details for the Fantastic 5, Plus Happiness

<p><b>Livelihood</b> - Not necessarily what you will do, but the byproducts of doing it.</p> <ul style="list-style-type: none"> <li>⇒ Type of creativity</li> <li>⇒ Type of work: mental or physical</li> <li>⇒ Types of people you'll do it with or for</li> <li>⇒ General skills used</li> <li>⇒ Compensation: volunteer, salary, commission</li> <li>⇒ Fringe benefits</li> <li>⇒ Type of travel</li> <li>⇒ Helping others</li> <li>⇒ Etc.</li> </ul>	<p><b>Abundance</b> – Not how much, but the byproducts of already having abundance...</p> <ul style="list-style-type: none"> <li>⇒ What you can now afford</li> <li>⇒ Where you travel for fun and business</li> <li>⇒ Describe the free time you have and how you use it</li> <li>⇒ Where you store your wealth</li> <li>⇒ The type of investments you have</li> <li>⇒ The kind of places you live</li> <li>⇒ The type of friends you have</li> <li>⇒ The type of car(s) and "toys" you own</li> <li>⇒ New hobbies you're enjoying</li> <li>⇒ Etc.</li> </ul>
<p><b>Health</b> - All that your fantastic health makes possible.</p> <ul style="list-style-type: none"> <li>⇒ Enjoying long walks or trekking</li> <li>⇒ Running or participating in fitness routines</li> <li>⇒ Enjoying high altitudes</li> <li>⇒ Playing favorite sports</li> <li>⇒ Camping, vacationing, taking long flights</li> <li>⇒ Enjoying longer days with more opportunities</li> <li>⇒ Keeping up with kids, Acting like a kid</li> <li>⇒ Making kids</li> <li>⇒ Etc.</li> </ul>	<p><b>Relationships</b> - Not who, but the results of having a new or an improved relationship.</p> <ul style="list-style-type: none"> <li>⇒ Romance, and all that it means to you</li> <li>⇒ Physical characteristics of your partner</li> <li>⇒ Behavioral characteristics of your partner</li> <li>⇒ Shared interests: travel, reading, sports...</li> <li>⇒ Enjoying an expanding circle of friends</li> <li>⇒ Meeting family of your companion</li> <li>⇒ Presents you will buy and receive</li> <li>⇒ How you will spoil and be spoiled</li> <li>⇒ Where will your next vacation be?</li> <li>⇒ Sharing chores, which are yours?</li> <li>⇒ Etc.</li> </ul>
<p><b>Appearance</b> - Not diets, time lines, and body weight, but the effects of being pleased with yourself.</p> <ul style="list-style-type: none"> <li>⇒ Proud of accomplishments</li> <li>⇒ Shopping for new sizes</li> <li>⇒ Improved health</li> <li>⇒ Receiving compliments</li> <li>⇒ Pleased with your reflection in the mirror</li> <li>⇒ Enjoying a new level of self confidence</li> <li>⇒ Enjoying favorite foods</li> <li>⇒ Helping others achieve as you have</li> <li>⇒ Etc.</li> </ul>	<p><b>Happiness</b> – Not why, but your life as it will be with even greater happiness.</p> <ul style="list-style-type: none"> <li>⇒ Self confidence soaring</li> <li>⇒ Free time</li> <li>⇒ More creative</li> <li>⇒ No worrying</li> <li>⇒ Attracting fun circle of friends</li> <li>⇒ Can just be yourself: always, everywhere</li> <li>⇒ Sense of always having "done enough"</li> <li>⇒ Better manifesting skills</li> <li>⇒ Etc.</li> </ul>

**1. End Result (One “Fab Five” item)**

Your Choice

↑ This is what you attach to! ↑
↓ Don't attach to these lesser details ↓

**2. Matrix “Type 1” Details**


1. Enter just one of the “End Results” that you’d like to manifest change in, using the top, left box.

2. Then, *taking into account your preferences and tastes*, get more specific with details you’d like to have/experience in your life.


3. For this exercise (time being a factor), circle just ONE of the Type 1 generalities that you will list greater details for next.

4. Again *taking into account your preferences and tastes*, list even finer details you’d imagine your dream life would include within the overall End Result category first chosen.

For ONE only,  
choose pitches

**3. Circle the Type 1 item that you will list finer details for in Step 4 of this exercise.**

**4. Matrix “Type 2” Details**



# Playing the Matrix in 3 Steps:

## 1. CHOOSE A GENERAL END RESULT.

Identify the General Areas of your life that you'd like to deliberately manifest change, usually the Fantastic 5 (or Happiness).

## 2. GET INTO THE DETAILS without attaching to them.

Considering the FLOW of the Matrix, beginning with your life priorities for change, define your desired END RESULTS by listing the anticipated detailed consequences of your successful change.



✓ **DONE!**

**I always knew I could count on you...**

to uncover the truth. I wasn't surprised at all to find you standing by your principles when the going got tough. And there was never any doubt in my mind that when faced with a fork in the road, you'd take the path less traveled.

**I just had *no idea* you'd have such expensive taste!**

You so rock –  
The Universe

*Good thing we're rich, huh!?*





# Taking Action



**You don't take the "baby steps" . . .**

**for the distance they cover,**

**but to put yourself within reach of  
life's magic.**

**Just like you don't hoist your sails to move the boat,  
but to put yourself within reach of the wind.**

**Hoist, baby, hoist, baby, 1, 2, 3, 4 -  
The Universe**

**Just like you don't signal the car to be heard...  
*Why do you do that?***



M. Dooley, C.P.A.

recommendations  
**resume**  
job  
hire  
interview  
experience  
money  
credentials  
skill  
dress  
employer  
tie  
work  
graduate  
taxes  
suit  
polish  
school  
pay  
impression  
internship  
references  
professional

Resume

Monday, January 08, 2001

Jambo Mike!

"Picture in your mind  
All that you may be,  
And with a little time  
You will come to see:  
That in the game of life  
Your dreams will come alive,  
By thinking of the end result  
As if it had arrived."

It's Mike here Mike... the rest of  
well, the Universe... has asked to

eZINE



<http://www.tut.com>



**Toastmasters**



**Rotary Clubs**

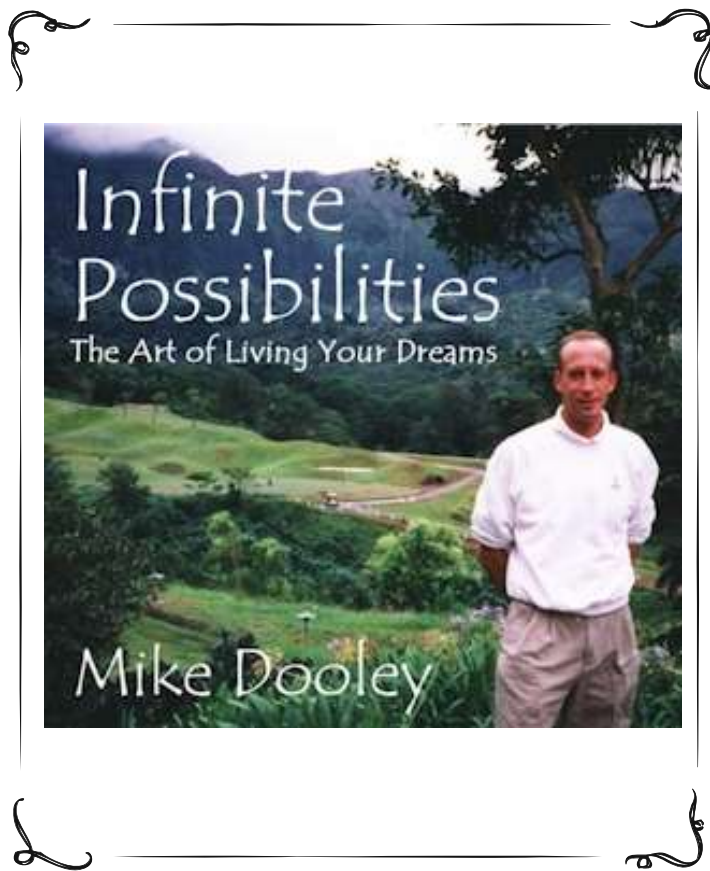


**Unity Churches**

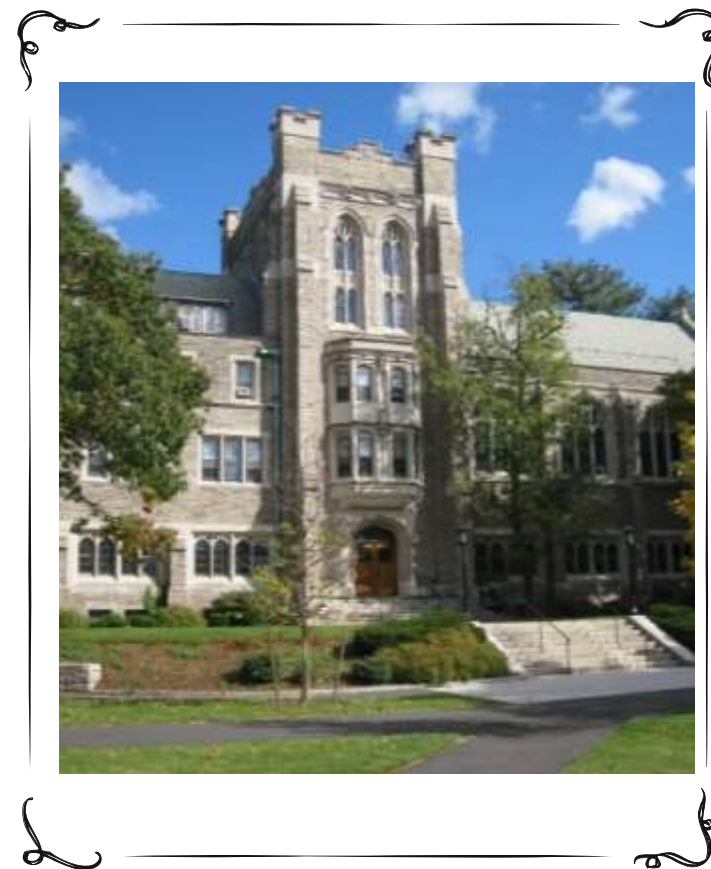




**Networked**



**Infinite Possibilities**



**Dream Biz Model**



**HOLLAND**



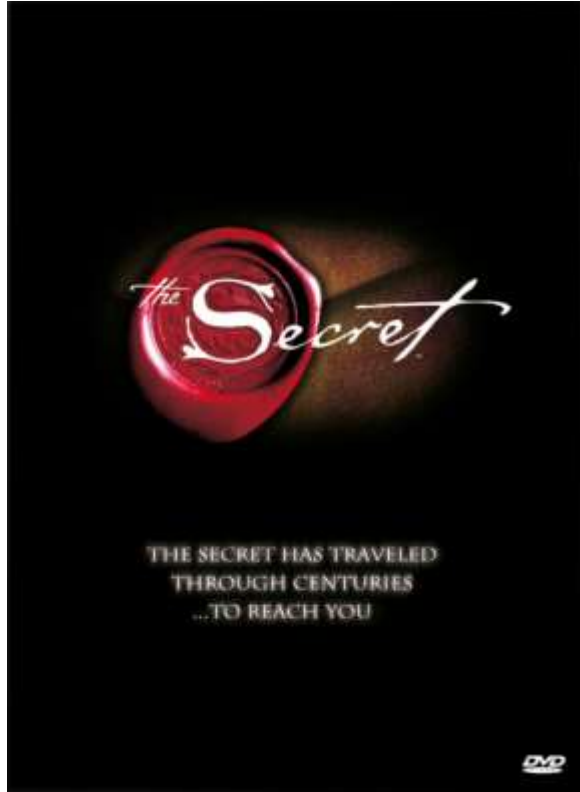
**LONDON**



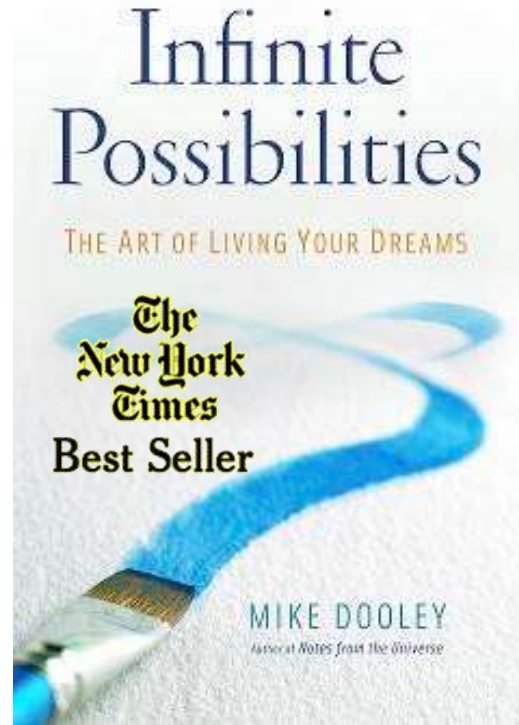
**World Tour 1**







The Secret



The Book Edition



25 Languages





**Nick Ortner**



**Reid Tracy  
2013**



**Patty Gift**





**Puerto Vallarta 2008**



**2013 Wedding**







**2014**



**TODAY**





# Just . . .



# SHOW UP!



## Taking Action, Page 24

1. Taking action summons resources, emboldens beliefs, and avails you of life's magic.
2. For every step you take, the Universe takes 10,000; sometimes knocking on one door often forces another to open.
3. What you do is not as important as that you do it.
4. By trying many paths, you automatically navigate around limiting beliefs.
5. Never stop asking for help, trying new directions, responding to conditions, innovating, evolving.
6. The more you enjoy and can afford what you do, the more exclusive it can become.
7. Always consider your unique strengths, likes and preferences.

# Remember when it was really fun . . .

...to catch raindrops on your tongue, walk under archways because they were there, and roll around in sand at the beach? To go all the way to a store for a tiny treat, lie on the grass looking for "God" in the clouds, and make scary monster faces in the mirror? To watch the stars because they were winking at you, count the flowers in the garden by the door, and to put Cocoa Puffs up your nose?

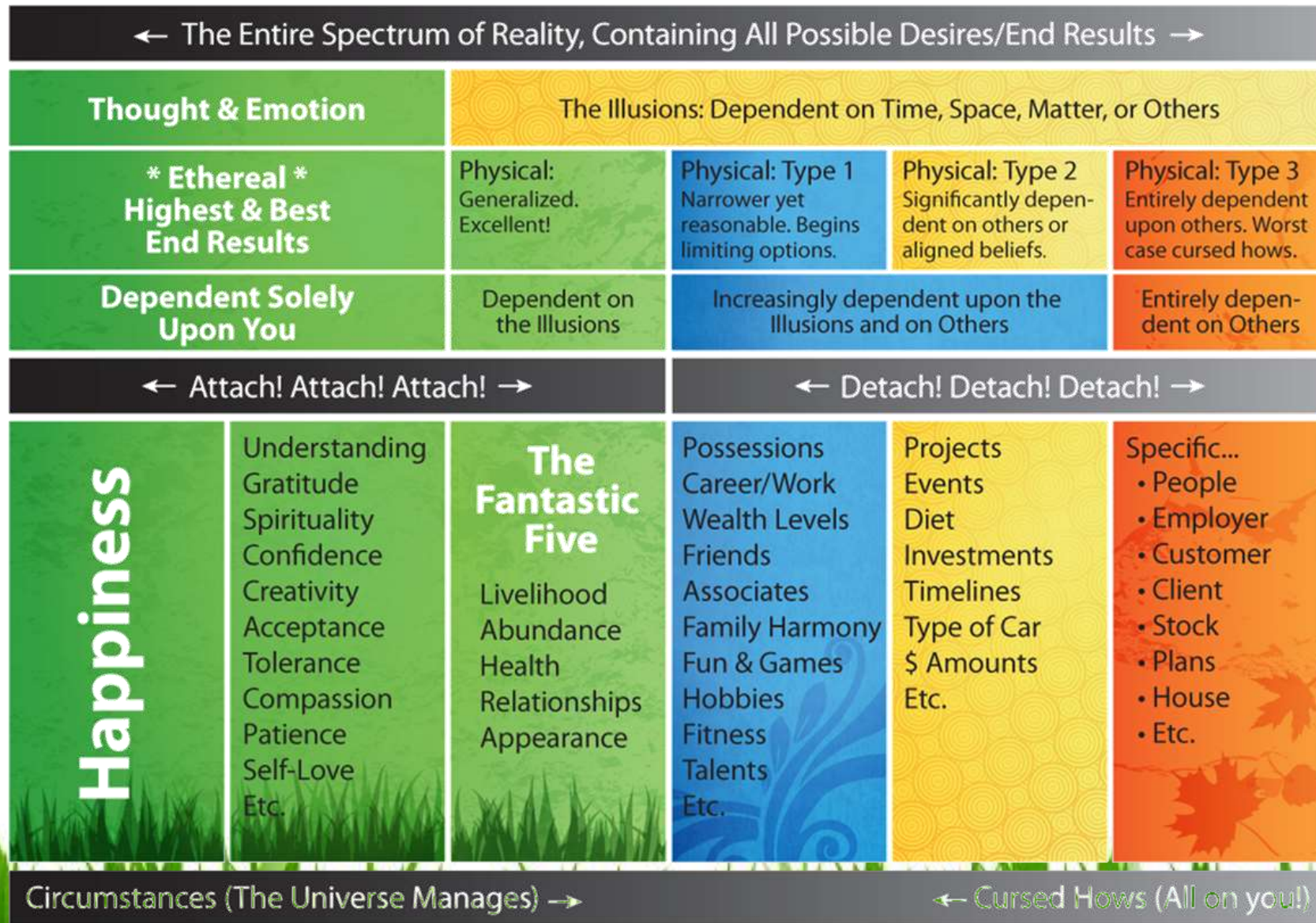
Well, I'm happy to inform you,  
*most of it still is fun!*

Ah-h-h-h-h-h-h-h-h,  
The Universe





# Doors to Knock On, Pitches to Throw

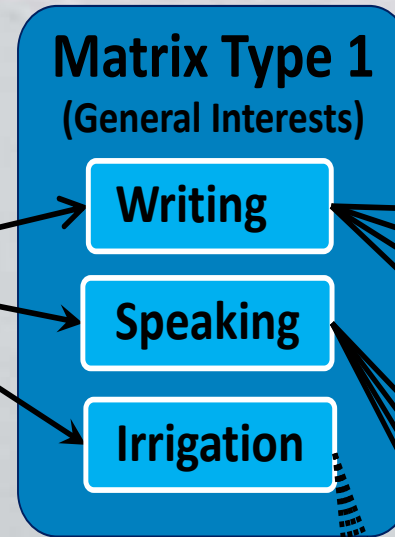




# Doors to Knock On, Pitches to Throw



Page 25



← The Entire Spectrum of Reality, Containing All Possible Desires/End Results →				
Thought & Emotion	The Illusions: Dependent on Time, Space, Matter, or Others			
* Ethereal * Highest & Best End Results	Physical: Generalized Excellent!	Physical: Type 1: Somewhat per- meable to begin- ning, ending options	Physical: Type 2: Significantly depen- dent on others or aligned beliefs	Physical: Type 3: Entirely dependent upon others. Worst case comes how.
Dependent Solely Upon You	Dependent on the Illusions	Increasingly dependent upon the Illusions and on Others		Entirely depen- dent on Others
← Attach! Attach! Attach! →		← Detach! Detach! Detach! →		
<b>Happiness</b>	Understanding Gratitude Spirituality Confidence Creativity Acceptance Tolerance Compassion Patience Self-Love Etc.	<b>The Fantastic Five</b> Livelihood Abundance Health Relationships Appearance	Possessions Career/Work Wealth Levels Friends Associates Family Harmony Fun & Games Hobbies Fitness Talents Etc.	Projects Events Diet Investments Timelines Type of Car \$ Amounts Etc.
				Specific... • People • Employer • Customer • Client • Stock • Plans • House • Etc.
Circumstances (The Universe Manages) →		← Cursed Hows (All on you!) →		

## 1. End Result

### Creative Work

↑ This is what you attach to!

↓ Don't attach to your Paths or Baby Steps, yet give 1,000% ↓

## 3. Circle the Path that you will list baby steps for in this exercise.

## 2. Matrix "Type 1," General Interests - Paths


Writing
Speaking
Accounting
Irrigation Repair

1. Enter just one of the "End Results" from last exercises that you'd like to manifest change in, using the top, left box.

2. Then, *taking into account your loves, strengths, hunches, and gifts*, enter possible directions/paths you could move in. Let these make sense in your head and heart.

3. For this exercise (time being a factor), circle just ONE of the "Type 1" paths that you can now take baby steps on.

4. Then, *taking into account your loves, strengths, hunches, and gifts*, list the actual baby steps you will take.



For ONE Path only, choose baby steps.

## 4. Matrix "Type 2," Specific Baby Steps

Joined Toastmasters
Wrote/Gave Speeches
Attended NSA Mtgs
Spoke at Rotarys
Spoke at Unity/s
Contacted Bureaus
Asked for help!

## Your Choice!

↓ Don't attach to your Paths or Baby Steps, yet give 1,000% ↓

### 3. Circle the Path that you will list baby steps for in this exercise.

**4. Then, taking into account your loves, strengths, hunches, and gifts, list the actual baby steps you will take.**



For ONE Path only,  
choose baby steps.

#### 4. Matrix “Type 2,” Specific Baby Steps



## 1. End Result

**HAPPINESS**

↑ This is what you attach to! ↑

↓ Don't attach to your Paths or Baby Steps, yet give 1,000% ↓

## 2. Matrix "Type 1," General Interests - Paths

**More Friends**  
**Busier Calendar**  
**Being in Nature**  
**Helping Others**

3. Circle the Path that you will list baby steps for in this exercise.

1. Enter just one of the "End Results" from last exercises that you'd like to manifest change in, using the top, left box.

2. Then, *taking into account your loves, strengths, hunches, and gifts*, enter possible directions/paths you could move in. Let these make sense in your head and heart.

3. For this exercise (time being a factor), circle just ONE of the "Type 1" paths that you can now take baby steps on.

4. Then, *taking into account your loves, strengths, hunches, and gifts*, list the actual baby steps you will take.



For ONE Path only, choose baby steps.

## 4. Matrix "Type 2," Specific Baby Steps

**Call friends more**

**Join museum**

**Volunteer**

**Work part time**

**Join gardening club**

**Plan a vacation**

**Host lunches/parties**

**Great BIG ear-to-ear, open mouth smiles**

are responsible for far more sizzling  
romances, salary increases, life  
extensions, and calorie burning than  
your dentists, doctors, and financial planners  
will ever comprehend.

***Show us your tonsils!***

**The Universe**



# Playing the Matrix in 3 Steps:

## 1. CHOOSE A GENERAL END RESULT.

Identify the General Areas of your life that you'd like to deliberately manifest change, usually the Fantastic 5 (or Happiness).

## 2. GET INTO THE DETAILS without attaching to them.

Considering the FLOW of the Matrix, beginning with your life priorities for change, define your desired END RESULTS by listing the anticipated detailed consequences of your successful change.

## 3. TAKE ACTION without messing with the "Hows."

Considering the FLOW of the Matrix, beginning with your END RESULTS in mind, work across the Matrix to give yourself an idea of where your paths and baby steps may begin.



✓ **DONE!!!!**





## *Expedited* Delivery

# There are indeed times in every life...

... when one must simply lay low, hide out, and just chill.

And usually it's called *sleep*.

However, in between such times, by the light of the sun or a giant disco ball, *I generally advocate as full a schedule as you can possibly manage.*

“Do the Hustle” -  
The Universe

Besides, it's easier to fall in love, *and to be fallen in love with*, when you're busy.



Just DANCE . . .



. . . and the music  
will be added.



## Expedited Delivery, Page 27

### 1. Thoughts

*Visualize. It's the least you can  
do to get the most.*



# 7 Guidelines for Visualizing, Pg 28

1. *One time a day is all that's necessary.*
2. *No longer than 5-10 minutes at a time.*
3. *Imagine every conceivable detail.*
4. *Feel the emotion.*
5. *Put yourself in the picture.*
6. *Dwell from the end result, or beyond.*
7. *Get PHYSICAL!!!!*



# Anyone watching you?

Good. This is a double-secret exercise.

Pretend you just received a phone call with wonderful, mind blowing, life changing news!

As you put down the receiver, your arms fly up over your head with joy. Pumping fists, then waving palms, like you just crossed a finish line before throngs of adoring fans. You cover your face with your hands trying to contain the euphoria, but it doesn't work, so you reach for the sky again while shaking your head in disbelief.



You're grinning, crying, and just so happy! *Yes!* Life is awesome, and you feel *so grateful!!!!!!*

Got it?

The Universe xxoo

**PS - Now if anyone ever catches you doing this, just tell 'em it was your pet psychic who called, and they'll forget everything they just saw.**

Just DANCE . . .



. . . and the music  
will be added.

## Expedited Delivery, Page 27

### 1. Thoughts

*Visualize. It's the least you can  
do TO GET THE MOST.*

### 2. Words

*Choose your words wisely; they  
are your thoughts that will  
BECOME THINGS the soonest!*



# I was just wondering...

What do you think rich folk daydream and talk about?

Yeah! Whatever they want.

And what do you think poor folk daydream and talk about?

Yeah! Whatever they want.

**You're coming along *so quickly!***

The Universe

**Blah** BLAH blah BLAH **blah**  
blahblabbah **Blah** BLAH **blah**  
BLAH **blah** **blahblabbah!!!**

Just DANCE . . .



. . . and the music  
will be added.



## Expedited Delivery, Page 27

### 1. Thoughts

*Visualize. It's the least you can do  
to get the most.*

### 2. Words

*Choose your words wisely; they are  
your thoughts that will become things  
the soonest!*

### 3. Action

*Pretending change everything!*

## Pretending Changes Everything

*Can be done for details as well as “End Results,”  
or Type 1 & 2 “Doors” and “Pitches”*

**Prepare the Way:**

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

**Acting “As If”:**

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_



## Pretending Changes Everything

*Can be done for details as well as “End Results,”  
or Type 1 & 2 “Doors” and “Pitches”*

### Prepare the Way:

- 1) Shop for / test drive new car
- 2) Rearrange “furniture of life”
- 3) Know interest rates at banks
- 4) Buy exercise/running shoes
- 5) Choose new wardrobe

### Acting “As If”:

- 1) Have dinner party celebration
- 2) Buy concert tickets for 2
- 3) Buy a tie/teddy bear as a gift
- 4) Take unplanned time off
- 5) Write letter telling of success!

## Pretending Changes Everything

*Can be done for details as well as “End Results,”  
or Type 1 & 2 “Doors” and “Pitches”*

### Prepare the Way:

- 1) Shop for / test drive new car
- 2) Rearrange “furniture of life”
- 3) Know interest rates at banks
- 4) Buy exercise/running shoes
- 5) Choose new wardrobe

### Acting “As If”:

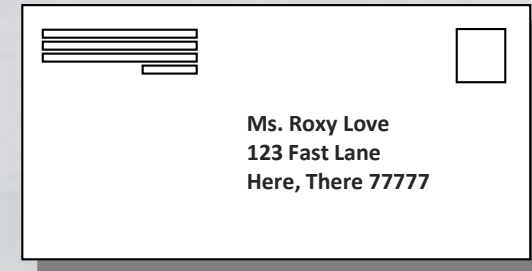
- 1) Have dinner party celebration
- 2) Buy concert tickets for 2
- 3) Buy a tie/teddy bear as a gift
- 4) Take unplanned time off
- 5) [Write letter telling of success!](#)

## Take Home Exercise, Page 30



### Write a 4-part letter telling of your recent successes!

From the perspective of some point in the future, write a letter to an old acquaintance or family member telling them of your recent successes, as if you had *already* achieved the things and accomplishments you now dream of achieving. This is not meant to be mailed, yet...



#### PART 1 – A paragraph to reacquaint:

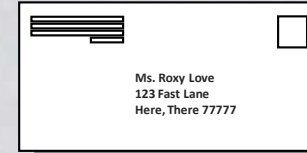
*Hi Roxy, how are you and Tigger? Have you been sailing lately? I really miss our nights out.*

#### PART 2 – A paragraph on dream that has just come true:

*Guess what? Remember my invention, the 'Kitten Leg Warmers'? Donald Trump just bought the patent!! He paid me \$7 million dollars! He also asked me out, but I had to fire him.*



## Take Home Exercise, Page 30



### **PART 3 - Why “this time” achieving your dream was so easy:**

*Ever since I learned to Play the Matrix my life has been easy! I also think it helped that I learned to knit, plus, going to the gym, joining Toastmasters, and finishing high school. I’ve realized I am a natural born entrepreneur! Oh, yeah... The Universe goes with me EVERYWHERE!*

### **PART 4 - What you will do next with your amazing life:**

*Anyhow, I’m writing you from Milan. Candy and I just did Italy! Met some guy named Bruno, what a mess. When I get home, I’m going to redecorate and buy you a car!*

*Love,*

*Bambie*

**PS – Did you see my pics from Saint Tropez on TMZ?**

*Suddenly, I’m so photogenic!!*

# It's time you learned the truth...

Actually, you should have been told long, long ago.

You see, there was kind of a mix-up.

Things like this are never easy. But, well, to be as direct as possible... *You're NOT human!*

Of course, you probably just think I'm being cute, but the truth, is that you are not human. Not even a little. Not one speck. Now... before you go all ape, realize, there's a bright side to everything, and in this case, it's BLINDING...

*You no longer have to behave as one!*

Tallyho,  
The Universe



*A Note from the Universe*

Andy Dooley





Just DANCE . . .



. . . and the music  
will be added.



## Expedited Delivery, Page 27

### 1. Thoughts

*Visualize. It's the least you can do  
to get the most.*

### 2. Words

*Choose your words wisely; they  
are your thoughts that will  
become things the soonest!*

### 3. Action

*Pretending change everything!*

### 4. Go CRAZY and have FUN!

*Getting playful pays  
BIG dividends!*

1. Write a “blue print” for your life.
2. Write a letter to the Universe.
3. Write yourself letters/checks from admirers, friends, customers.
4. Digitally modify images and photos.
5. Fill in a mock calendar.
6. Have “pretend talks” with friends and family.
7. Scrap books and vision boards.
8. Overpay your revolving credit, car, and mortgage payments.





# The Time of Your Life



# The one thing *all* famous story tellers...

...world class athletes, business tycoons,  
singers, actors, and celebrated achievers in any  
field have in common, is that they all began their  
journeys... **when they were *none* of these things.**

Yet still...

***they began their journeys.***

And so can anyone else.

You are so poised for greatness,  
The Universe

PS - One day they're going to name something BIG after  
you! Like a statue, a college . . . or a *hurricane*.

# HERE and NOW



Everyday you are  
pushed on to  
*greatness.*



## The Time of Your Life, Page 31

1. This is it, as good as it gets. You will never again be as young as you are today.
2. Practice the art of selfish service.
3. Where you are is never who you are.
4. If you want change, if you want anything, remember the Matrix!
5. The secret to living the life of your dreams, is to indulge now, to any degree you can.

What would you like to do...

...that you could now do,  
that you *aren't* doing?

*Let's do it!*

The Universe



- ✓ Take a Cruise
- ✓ Learn to paint
- ✓ Visit Cairo & pyramids
- ✓ Take up golf
- ✓ Volunteer your time
- ✓ Big bro/big sister
- ✓ Take cooking lessons
- ✓ Redecorate home
- ✓ Rent a convertible
- ✓ Write poetry
- ✓ .....



# HERE and NOW



**Everyday you are  
pushed on to  
*greatness.***



## *The Time of Your Life, Page 31*

1. This is it, as good as it gets. You will never again be as young as you are today.
2. Practice the art of selfish service.
3. Where you are is never who you are.
4. If you want change, if you want anything, remember the Matrix!
5. The secret to living the life of your dreams, is to indulge now, to any degree you can.
6. Learn to be happy today, even as you reach and stretch to become more than who you've ever been.

# I distinctly remember the conversation,

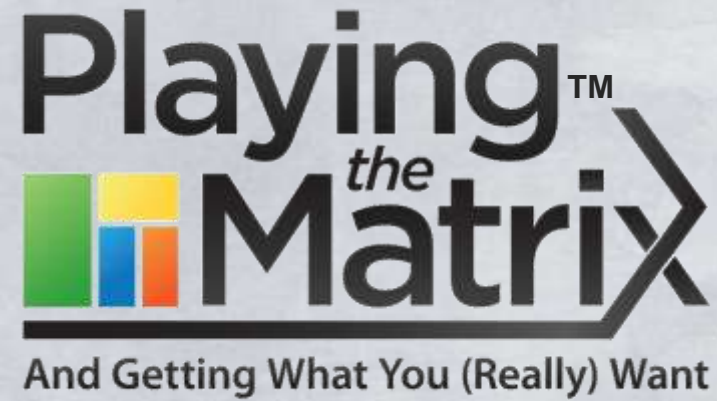
...we were having triple-chocolate, brownie fudgesicles, listening to Beethoven's "5<sup>th</sup>" before he even was Beethoven, overlooking the galaxy, when you mentioned how neat you thought it would be to one day have dreams you didn't know you'd inevitably manifest, to have challenges you didn't know you'd inevitably conquer, and to have friends you didn't know you'd inevitably meet.

And as I leaned forward in total awe, all agog, wanting to learn more of your genius and courage, I almost fainted when you added, "And should it ever appear as if I could use your help, before I even begin helping myself..."

***"Back-off... or you'll ruin everything"!***

You memory-maker you...





**A Course on Living Deliberately  
and Creating Consciously**

**World Tour IV**



Before this odyssey ever began,

...there was you, your best friends, and wide-eyed  
curiosity among you about who would be the  
first to leap, the first to forget, the first to kiss,  
the first to tell, the first to fall, the first to get back up, and the  
first to remember that it all began with a dare:

To *LOVE* in spite of it all.



Is that you, Mergatroid?  
The Universe

I remember the glint in your eyes... *all three of them.*