



Manifesting Change - It Couldn't Be Easier!

*Mike Dooley * World Tour II * 2006 - 2008*

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There is a copy of this program's accompanying slideshow presentation (as it was delivered using PowerPoint during Mike's World Tour II) here:

<http://www.tut.com/mc.php>

TUT Adventurers Club Oath

"In the face of adversity, uncertainty and conflicting sensory information, I hereby pledge to remain ever mindful of the magical, infinite, loving reality I live in. A reality that conspires tirelessly in my favor.

"I further recognize that living within space and time, as a Creation amongst my Creations, is the ultimate Adventure, because thoughts become things, dreams come true, and all things remain forever possible.

"As a Being of Light, I hereby resolve to live, love and be happy, at all costs, no matter what, with reverence and kindness for all. So be it!"

Notes from the Universe

A free daily service to help keep you centered in the truth about *who* you really are and all you can have, do, and be.

Take the Oath at www.tut.com and begin receiving your free, personalized, and often humorous *Notes from the Universe!*

I. You Are an Effortless Creator

Understanding the truth.

1. *Thoughts Become _____!*

2. *Deductive reasoning leads to*

_____ illumination!

If there was just one thing
I could tell you about living the life of your dreams, knowing that if you
understood it, it would be "enough"...

I would ask you to realize that you already are.

◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇ ◇

Nope. No one on this end is authorized,
nor even interested, in telling someone on your end when their thoughts are in
conflict. Can you blame us? We'd immediately risk being labeled critical,
unsupportive and misguided. Forget it!!

But that's perfectly all right, because the system in place still leaves folks on
your side a choice: Manifesting chaos and disappointment, or *introspection*.
And both ultimately reveal the truth.

Win-win, sort of – The Universe

Personal notes, insights, commitments....



Can you guess what this mystery beach animal is before any dots are connected? (5,999 out of 6,000 LIVE attendees couldn't!)

Turn to page 20 to see this same picture again, but with fewer than half of the dots connected.

11. The Miraculous Mechanics of Manifestation

Greatest secret of the mechanics of manifestation, is that they occur in the reverse order revealed by the physical senses - they begin with the end, in mind.

Manifesting Miracles

- 1. A clear _____ is critical.*
- 2. You must _____ in the general direction of your dreams.*
- 3. Understand that the _____ of progress are usually invisible to the physical senses.*
- 4. You can most foul things up by trying to _____ the system! Don't mess with the _____.*

Ain't it grand?

Doesn't it boggle your mind? The harmony, the splendor, the beauty? The intricacies, the synchronicities, the staggering perfection? Do you ever wonder how it all came about?

Do you think I studied quarks, atoms, and molecules? That I drew schematics for the sun, the moon, and the stars; the otter, the Gila Monster and the penguin? Do you think I painted every zebra, flower, and butterfly?

Or, do you think I simply imagined the end result?

And that's all you ever have to do.

PS - I hated school.

Exercise – Behind the Curtains of Time and Space. Your invitation to ask "how"?

<p>Description of a Recent Unexpected Major Life Turning Point:</p> <hr/> <p>(Meeting someone, an "accident/coincidence," a flash of insight, etc.)</p>	
<p>Circle the area of your life affected:</p>	<p>Other “chance encounter(s)” that may have led to the main <i>chance encounter</i> (mood, mindset, happenings)</p>
Happiness	
Relationships	
Abundance	
Health	
Appearance	
Career	

III. PLAYING THE MATRIX

3 Phases:

1. *Decide it* - _____ .
2. *Define it* - _____ (*the consequences only*).

THE MATRIX

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End Results		The Illusions: Consequences or Cursed Hows?			
Emotional – Highest and Best		Physical – Generalized, Excellent! FANTASTIC 5	Physical – Type 1. Narrower, yet reasonable. Begins limiting options.	Physical – Type 2. Significantly Dependent upon others or aligned beliefs.	Physical – Type 3. Entirely dependent upon others. Worst-case "Cursed Hows."
Happiness	Understanding Gratitude Spirituality Confidence Creativity Peace Acceptance Tolerance Compassion Beauty - Inner Fulfillment Accomplishment Self Love Etc...	Abundance Livelihood Health Relationships Appearance	Material Possessions Career ~ Work Wealth Levels Friends Associates Family Harmony Foods Roles Fun and Games Hobbies Fitness/Exercise Clothes Talents Etc...	Specific Investments Specific Projects Specific Events Specific Diet Time Lines Dollar Amounts Etc...	Specific People Specific Employer Specific Customer/Client Specific House to buy Etc...
Consequences →			← Cursed Hows		

1. Choose to manifest change in the broadest terms possible (within the 1st three columns).
2. Visualize, in terms of consequences, in the most precise terms possible, choosing from any column, except the far right.
3. Details should be seen as consequences of larger dreams coming true, rather than "how" to make them come true, and rather as "end alls and be alls."
4. Choosing from items on the left, will ultimately force the necessary manifestation of elements on the right.
5. Only visualizing *happiness* will appropriately arrange ALL other life conditions and manifestations (except the last column) in perfect ways.
6. Often, the only difference between the cursed hows and the consequences, lies in how you view them.

Exercise – Decide it! Define it!

Did you know... that whenever you think a brand new thought, however fleeting, there are switches flicked here? Buttons pressed? Levers thrown? Banners unfurled? Wheels turned? Hats tipped? Winks winked? Angels sent? Connections made? And, conga lines formed?

For starters.

You wouldn't even believe me if I told you what happens when you visualize. The Universe

One main area (of 6 possible) where you'd like to see life changes:

Consequences of change:

(What are your friends saying to you lately; how have they reacted? What types of new friends do you now have? What do you most have in common? What is the one emotion you feel the most of lately? How will this influence your future vacations, holidays and time off? Who will you take your vacations with? Time of year? How will strangers, maitre D's, peers, customers, clients, etc. react to the new you? What is the best thing about the new changes in your life? Who in your life do you now most want to help achieve, as you have achieved? How will you reach out? What dreams will you think up from this new "place"?)

When you have time at home, continue this list on a fresh sheet of paper (using a new sheet of paper for each dream), writing in depth scenerios, snapshots of your life as it will be once you've **ALREADY** manifested the changes you're now in the process of creating.

3. *Imagine it - _____ .*

From "Leveraging the Universe":

1. *One time per _____ is all that's necessary.*
2. *No longer than _____ minutes at a time.*
3. *Imagine every _____ .*
4. *Feel the _____ .*
5. *Put yourself _____ .*
6. *Dwell from the end result, _____ .*

3 More Considerations:

1. *Emotion revisited.*
2. *Set up formal practice.*
3. *Get _____ !*

Anyone watching you?

Good. This is a double-secret exercise.

*Pretend you just received a phone call with wonderful,
mind blowing, life changing news!*

As you put down the receiver, your arms fly up over your head with joy.

Pumping fists, then waving palms, like you just crossed a finish line before throngs of adoring fans. You cover your face with your hands trying to contain the euphoria, but it doesn't work, so you reach for the sky again while shaking your head in disbelief.

You're grinning, crying, and just so happy!

Yes! Life is awesome, and you feel so grateful!!!!!!!

Got it?

Now if someone catches you doing this, just tell 'em it was your pet psychic who called, and they'll forget everything they just saw.

The Universe xxoo

IV. The Power to Have it All

*Dwelling from, not upon,
the space you wish to inherit.*

Raising the Bar is easy!

1. *Learn not to condition your behavior on _____.*
2. *Don't sweat _____.*
3. *Use your _____ & _____.*
4. *Realize _____ matters.*
5. *_____ counts, BIG TIME!*
6. *Just do your best, _____.*
7. *Understand WHY _____.*

Exercise – Acting lessons

Part A - List one dream of yours that's already come true, along with several consequences (examples of how it changed your life, or what it made possible):

Part B - List a new dream that will come true, along with several anticipated consequences:

Part C - Share both dreams with a neighbor and speak in the past tense for both.

V. Opening the Floodgates

Consider your extraordinary uniqueness.

The Courage to be Yourself

1. *Be led by joy - not _____.*
2. *"Joy" doesn't mean _____.*
3. *Selfishness is a _____.*
4. *Your dreams are _____ by others.*
5. *Your "life purpose" is simply _____.*
6. *When otherwise stuck, chance the _____.*
7. *Honor your _____.*

This is to remind all my loyal subjects...

that you are *not* my loyal subjects. And that I'm bloody tired of all the sacrifices, appeasements, and groveling.

I, the Universe, the sun, the moon and the stars, the Alpha and the Omega, and all the rest, have created a paradise in time and space so that I, *through you*, might experience its infinite splendors, drink from its every cup, and live, love and be merry, in ways impossible without you.

Your desires are *my desires* for you. What you want and when you want it, *these were my ideas, too*. Your dreams, are my dreams. You are the end all and be all of time and space, the only reason for this Garden of Eden. You can do no wrong, there are no mistakes, and it's all good.

Follow your heart and delight in your preferences. Approve of yourself. Stake your claim, demand it, and hold out your hands. Banish your doubts, get off of your knees, and live as you please. Because, dearest, you can, and this is all I ever wanted.

With unspeakable love, I am, The Universe

Personal notes, insights, commitments...

From puzzle on page 4: In this drawing, fewer than half of the dots have been connected, yet there is no doubt what the mystery beach animal is – a rhinoceros.

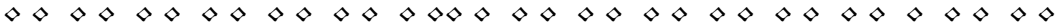
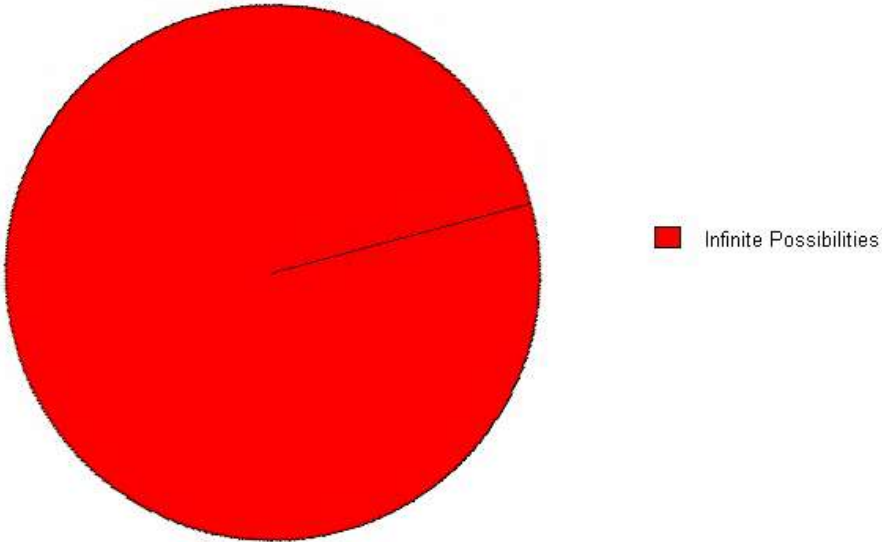
Lesson #1 – The answers you seek are often NOT what you expected.

Lesson #2 – You needn't connect every dot in your life to have certainty and clarity.

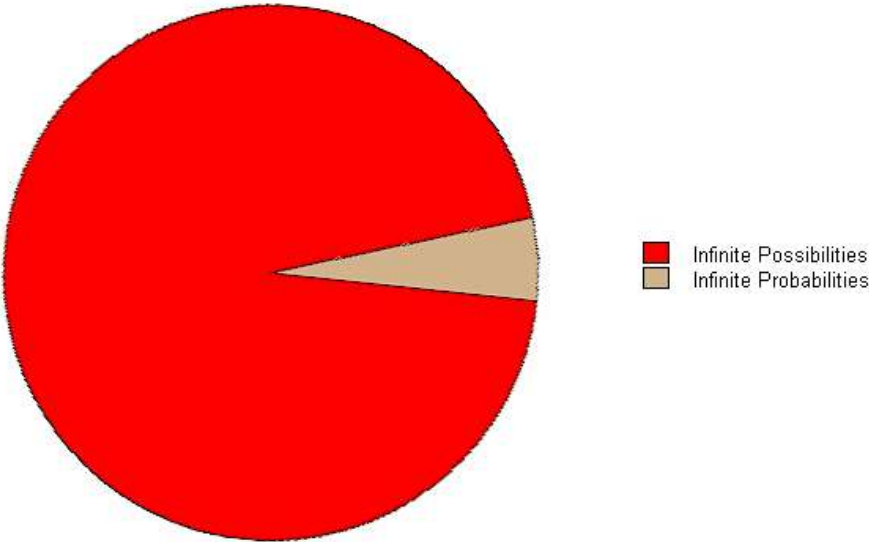


Infinite Possibilities v. Infinite Probabilities

Infinite Possibilities



Infinite Possibilities Versus Infinite Probabilities



Exercise – 3 Things...

The 3 things you most love about "life":	
1	
2	
3	
The 3 things you most love about yourself:	
1	
2	
3	
The 3 most important "lessons" you'd like to master:	
1	
2	
3	

VI. Understanding Adversity

Whenever the unexpected lands in your path, it is always a stepping stone to a "place" you have been thinking about, and you will be richer for the journey.

Turning "Adversity" into Adventure!

1. *Accept* _____.
2. *Get back* _____.
3. *Help* _____.
4. *Choose* _____ *wisely.*

To those who ask,
"Why does bad stuff happen in a magical
world with a loving Universe?"

I ask, "Does it?"

"U"

Why do so many in time and space draw conclusions based upon the perceptions of their physical senses alone? As if they've ever been useful in explaining the ethereal. As if there could have somehow been a mistake. And as if they haven't yet grasped, based upon the effortless possession of their own, that life must be eternal. Hul-lo...?

Exercise – Revelations, Gifts, Insights

If you knew of a spectacular... mountain that was very, very tall, yet climbable, and if it was well established that from its peak you could literally see all the love that bathes the world, dance with the angels, and party with the "Gods"... would you curse, or celebrate, each step you took as you ascended it?

Right-O. Life is that mountain, and each day a step. The Universe

PS – Fear not, last time I checked, you were so close to the top they were taking your Toga measurements.

Greatest Challenge from your past:

Revelations, Gifts, Insights:

Present Challenge:

Revelations, Gifts, Insights (already, or to be, received):

VI. It's Your Turn

Fortune favors the bold.

Do you remember learning to ride your first bike?

How impossible it seemed at first? And how impossible it now is to imagine it was ever hard?

Thriving within the illusions of time and space is like that, too.

First you checked it out from the sidelines, then you dreamed of your own, and the next thing we knew, off came the training wheels and I dutifully, dotingly and reluctantly let you go while galloping breathless at your side, as you let rip one wicked, *"HANDS OFF!!!!!!!"*

And so I watch, beaming with pride over your first solo trips. Impressed beyond belief with your courage and determination. Stunned by your natural talent and ambition to grow. Humbled by your willingness to risk a fall. Comforted by knowing that you're exactly where you most wanted to be. And stretching even my own vast mind, as I ponder and contemplate just how far you will go...

Ride on, brave heart, ride on -
The Universe

You will be home for dinner, won't you?
All of your favorite things will be waiting....

I have to tell you...

that one of the greatest things about being the Universe, is knowing absolutely everything. Well, that, and making dreams come true. I also love being eternal. And having no limits. Creating worlds simply with thought. Knowing that reality is unfolding just exactly as it should. Having it all, being it all, doing it all. And I like being perpetually in love, and loved.

How 'bout you?

What's your favorite thing about being the Universe?

xxxxxxxxxxxxxxxxxxxxx ooooooooooooooooooooo!

