

# Welcome Fellow Adventurers!



# Do you think the Universe...

...ultimately rewards those who live in poverty? Do you think those who toil and sweat from paycheck to paycheck are more likely to inherit the Kingdom than those who work in ivory towers? Does the Universe take special notice of sacrifices? Is it pleased when some put the needs of others before their own? Does the Universe favor those who strive to live spiritual lives?

Actually, honey, the Universe doesn't give a flying yahoo. It loves you no matter what rules you make up.

Talk about unconditional.

# Manifesting Change – It Couldn't Be Easier!

**TUT ADVENTURERS CLUB  
2006-2008 WORLD TOUR**

Mike Dooley

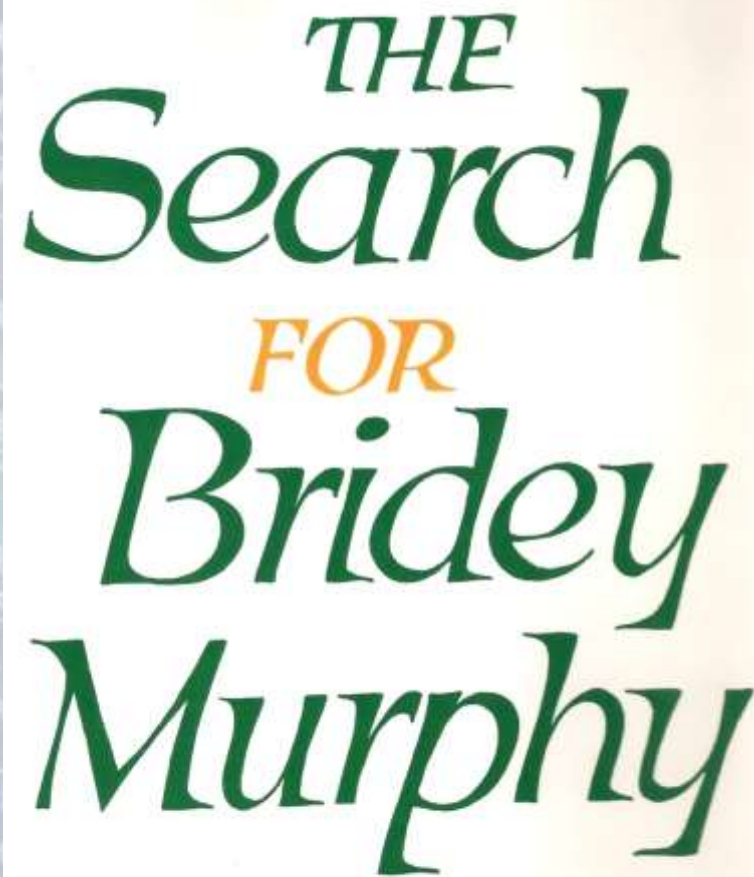
# Manifesting Change

1. You are an Effortless Creator
2. The Miraculous Mechanics of Manifestation
3. Playing the Matrix
4. The Power To Have It All
5. Opening the Floodgates
6. Understanding "Adversity"
7. It's Your Turn!

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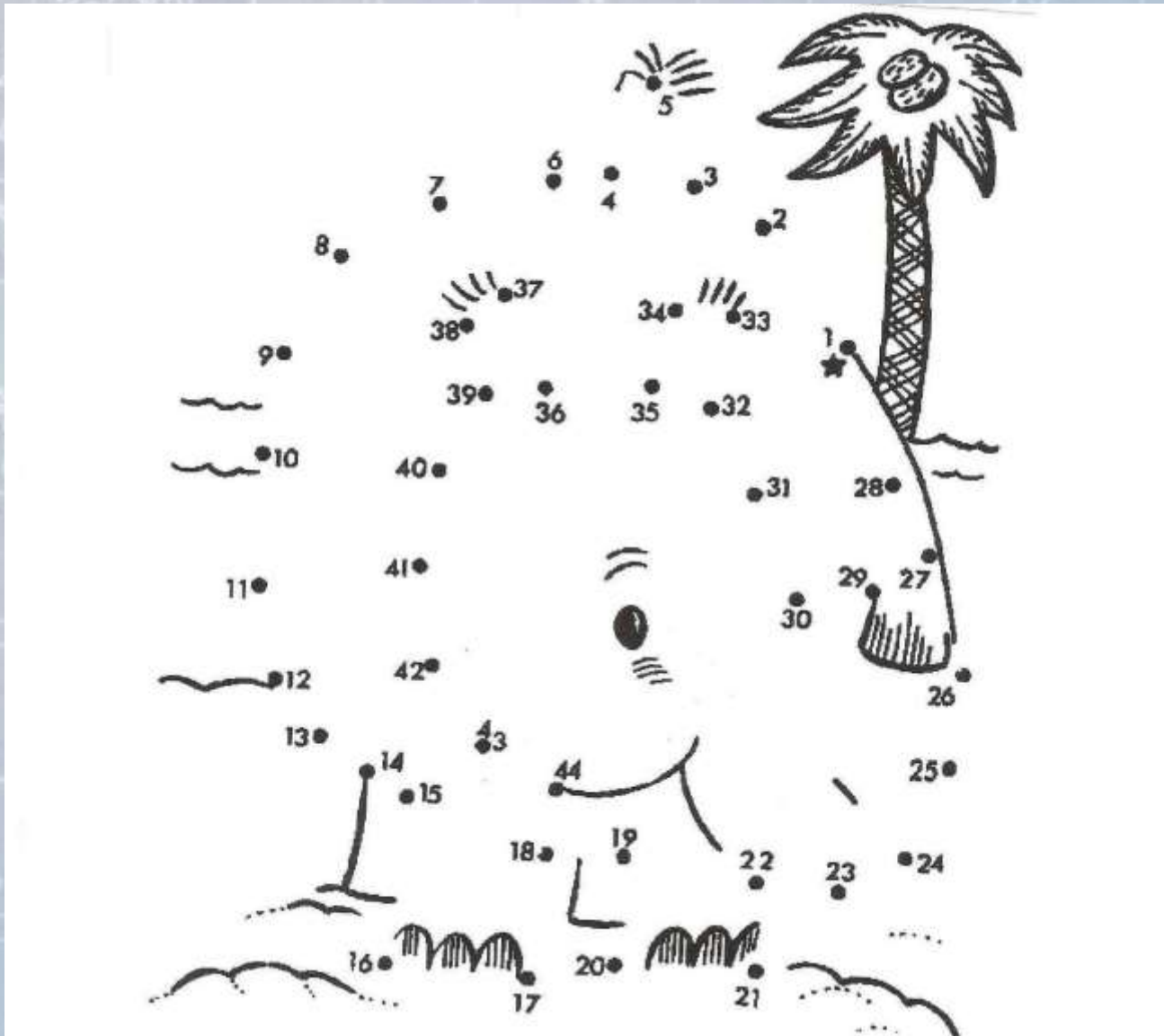
# The Search for Bridey Murphy, Bernstein



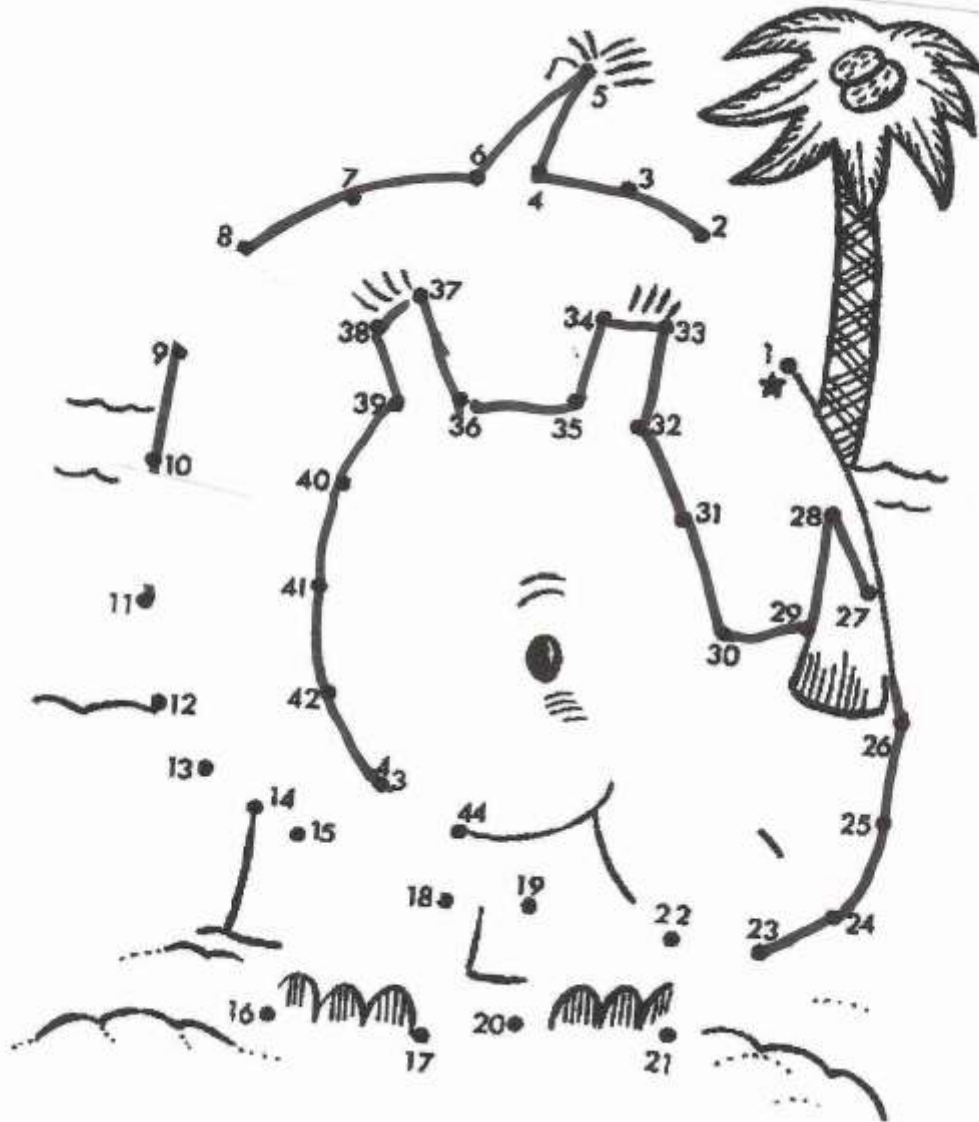
*THE*  
*Search*  
*FOR*  
*Bridey*  
*Murphy*

By MOREY BERNSTEIN

# Mystery Beach Animal



# Mystery Beach Animal





# You might never guess it...

...but sometimes, even here, we get frustrated. The classic case happens at homecoming parties when we hear the guest of honor lament, "Gosh, but I had no idea! I never would have guessed! I didn't know I had such an affect on others! I didn't know I was so responsible for my thoughts, words and deeds! I just didn't know..."

But it's even worse for them when we reply, "Yes, but you could have..."

Of course, we follow that up with something much lighter, like, "Hey, you look fab in wings!"

# If there was just one thing...

I could tell you about living the life of your dreams, knowing that if you understood it, it would be "enough"...

I would ask you to realize that you already are.

# Exercise – A Legend in Your Own Time

1. Write down as many different dreams of yours that have already come true in the next 2 minutes, skipping lines between each!
2. Choose a favorite to share with a neighbor.

# Would it be enough to know...

...that long ago when the two of us carefully mapped out your pending adventure into the jungles of time and space – the hills and valleys you would traverse, the setbacks and advances you would encounter, the good, the bad and the ugly, and all of the lives you would touch – when our planning was done and the “big picture” revealed...

You burst into tears of joy, overwhelmed with its perfection and who you'd become?

Like a baby –  
The Universe

Yeah, I'll never forget it... because I cried too.

# Pretend you're me...

And you're about to create a new reality. And you know you're gonna hang out there, in every imaginable form, for trillions and trillions and trillions of years.

Do you think, just for yucks, you'd build it in such a way that you might become less or not matter? Or, as the Universe, the Alpha and the Omega, the bringer of the dawn and each new day, would you be pretty confident that you could craft the most spectacular paradise imaginable?

(Continued.....)

# Continued...

Flawless in every way, yet possessing the odd illusions of loss and your own irrelevance to heighten suspense, enhance the unknown, and make it one unforgettable, spine-tingling, non-stop adventure, that will mean even more to you when you master it again, but from the inside out?

**CUT! That's a wrap. Nice Alpha!  
Were the purple leotards your idea?**

**xxoo, The Universe**

# It's as if you're pounding...

...on the massive doors of the Kingdom of your Wildest Dreams. At first lightly, even respectfully. Then, losing patience, louder and louder. You pray, you plead, you beg, you ask, you cry, you wail. And just on the other side of the door your faithful, adoring subjects silently writhe, some quietly crying, all intensely feeling your frustration and loneliness.

Yet they remember all too well how on the day you left you made them swear not to ever open the door, so that you might discover, yourself...

...that it was left unlocked.

# Exercise – The Universe is Everywhere

Be the Universe to someone else!

Using your postcard, think of someone you feel great love for, anyone, and write to them as their secret admirer, aka “The Universe”

In just 3 sentences, as follows:



# Exercise – The Universe is Everywhere

Be the Universe to someone else!

1– Explain your admiration in 1 sentence:

- ◇ I love you so much, because...
- ◇ I admire how you...
- ◇ I appreciate that you...
- ◇ I love you for your...
- ◇ Etc.

# Exercise – The Universe is Everywhere

Be the Universe to someone else!

2- Give them a gift:  
Praise a quality of theirs  
they may not be aware of.

It makes me happy to know that one day you will  
appreciate your \_\_\_\_\_ as I do!

(courage, integrity, sense of humor, wit, charm,  
compassion, good looks, wisdom, etc.)



# Exercise – The Universe is Everywhere

Be the Universe to someone else!

Sign off, in your own way, as...  
"The Universe"

Toodles, The Universe xxoo

# Be the Universe to someone else!

1- Explain your admiration.

2- Praise a quality of theirs.

3 - Forecast their success in general terms.

Sign off, in your own way, as... "The Universe"

# Manifesting Change

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# Ain't it grand?

Doesn't it boggle your mind? The harmony, the splendor, the beauty? The intricacies, the synchronicities, the staggering perfection? Do you ever wonder how it all came about?

Do you think I studied quarks, atoms, and molecules? That I drew schematics for the sun, the moon, and the stars; the otter, the Gila Monster, and the penguin? Do you think I painted every zebra, flower, and butterfly?

Or, do you think I simply imagined the end result?  
*And that's all you ever have to do.*

PS - I hated school.

# Manifesting Miracles

1. A clear end result is critical.



*"Roger!" You have been heard.*

*You're always heard. Every single thought.*

*And at this very moment, every single atom in the cosmos is being reprogrammed, every single angel is being summoned, and big wheels are—a starting to turn...*

*We just hope you weren't kidding.*

# Manifesting Miracles

1. A clear End Result is critical.
2. Must *physically* move in general direction of dreams.

# I'm so-o-o-o-o-o excited!

Everything's just about ready. I've arranged for all the right players to appear at all the right times. Big shots, little shots, and some absolute angels. (You aren't even going to believe who you'll soon be schmoozing with. Or where!). I've lined up the necessary phone calls, emails, and chance encounters so that you'll be disposed to waves of loving, inspired thoughts precisely when most needed. I've calculated - literally to the billionth degree - the pivotal coincidences, happy accidents, and clutch plays that will blast you to heights previously unimagined. Even took care of "happily-ever-after."

So... how are things coming on your end?

# Manifesting Miracles

1. A clear End Result is critical.
2. Must move in general direction of dreams.
3. The miracles of progress are usually invisible!

3 Words to live by...

NEVER

TRUST

APPEARANCES!

# Manifesting Miracles

1. A clear End Result is critical.
2. Must move in general direction of dreams.
3. The miracles of progress are usually invisible.
4. You can most foul things up by trying to override the system!

# It's not possible!

You cannot significantly change your life, for better or worse, by manipulating the material world.

Not by working harder, not by studying longer, not by schmoozing, not by sweating, not by fasting, not by the hair of your chinny, chin, chin.

But change, great change, is inescapable, when you first begin manipulating the world of your thoughts....

*It's that simple.*

# EXERCISE..... Behind the curtains of time and space

**Description of a Recent, Unexpected Major Life Turning Point:** \_\_\_\_\_  
(Meeting someone, an "accident/coincidence," a flash of insight, etc.)

**Circle the area of your life affected:**

**Other "chance encounter(s)" that may have led to the main *chance encounter* (mood, mindset, happenings)**

- Happiness
- Relationships
- Abundance
- Health
- Appearance
- Career



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# Playing "The Matrix" in 3 Steps:

1. Decide it – Generally
2. Define the Consequences (in detail)

# Manifesting Change – Ends V. Hows

| End Results                  |  | The Illusions: Consequences or Cursed Hows?                      |   |   |  |
|------------------------------|--|--|---|---|--|
| Emotional – Highest and Best |  | Physical – Generalized, Excellent! FANTASTIC 5!                  | Physical – Type 1. Narrower, yet reasonable. Begins limiting options.   | Physical – Type 2. Significantly Dependent upon others or aligned beliefs.  | Physical – Type 3. Entirely dependent upon others. Worst-case Cursed Hows.                           |
| Happiness                    | Understanding<br>Gratitude<br>Spirituality<br>Confidence<br>Creativity<br>Peace<br>Acceptance<br>Tolerance<br>Compassion<br>Beauty - Inner<br>Fulfillment<br>Accomplishment<br>Self Love<br>Etc... | Abundance<br>Livelihood<br>Health<br>Relationships<br>Appearance | Material Possessions<br>Career ~ Work<br>Wealth Levels<br>Friends<br>Associates<br>Family harmony<br>Foods<br>Roles<br>Fun and Games<br>Hobbies<br>Fitness/Exercise<br>Clothes<br>Talents<br>Etc... | Specific Investments<br>Specific Projects<br>Specific Circumstances<br>Specific Events<br>Specific Diet<br>Time Lines<br>Dollar Amounts<br>Etc... | Specific People<br>Specific Employer<br>Specific Customer/Client<br>Specific House to buy<br>Etc.... |

Consequences 

 Cursed Hows

1. Choose to manifest change in the broadest terms possible (within the 1st three columns).
2. Visualize, in terms of consequences, in the most precise terms possible, from any column, except the far right.
3. Details should be seen as consequences of larger dreams coming true, rather than "how" to make them come true, and rather as "end alls and be alls."
4. Choosing from items on the left, will ultimately force the necessary manifestation of elements on the right.
5. Only visualizing *happiness* will appropriately arrange ALL other life conditions and manifestations (except the last column) in perfect ways.
6. Often, the only difference between the cursed hows and the consequences, lies in how you view them.

# Exercise – Decide it! Define it!

1. Choose an area of your life you'd like to change, choosing from "Fantastic Five" or higher.
2. Begin a list of the anticipated consequences from all the columns (except furthest), including joy!

# Playing the Matrix in 3 Steps:

1. Decide it – Generally
2. Define the Consequences (in detail)
3. Imagine it – Visualize!

# Imagine it!

From "Leveraging the Universe":

1. One time a day is all that's necessary
2. No longer than 5-10 minutes at a time
3. Imagine every conceivable detail
4. Feel the emotion
5. Put yourself in the picture
6. Dwell from the end result, or beyond

# Did you know...

that whenever you think a brand new thought, however fleeting, there are switches flicked here?

Buttons pressed? Levers thrown? Banners unfurled? Wheels turned? Hats tipped? Winks winked? Angels sent? Connections made? And, conga lines formed?

For starters.

You wouldn't even believe me if I told you what happens when you visualize.

The Universe

# In Thought... VISUALIZATION

## 3 More Considerations:

### 1. Emotion revisited



# Whoo-hoo!

The script for the most amazing time in your life is nearing perfection! We're so excited and happy for you. Bravo. Bravo. Bravo. It's complete with friends and laughter, wealth and abundance, health and harmony. And best of all, there are going to be some really neat surprises. BIG surprises! Really HUGE, Texas style.

And you're gonna say, "B..bu... but... I... I... I... H... Ho... How? Never in all my life have I imagined such outrageousness! All my expectations have been exceeded! Never have I dreamed of being so blessed!" And we're gonna say, "Oh, yes you did."

And you're gonna say, "Oh, no I didn't". And we'll say, "Did". And you'll say, "Didn't."

(continued...)

# Whoo-hoo! *(Continued...)*

And then we'll remind you of those occasions when you simply saw yourself happy. Visualizing euphoric happiness, bypassing the details. Smiling from ear to ear in your mind's eye, pumping your fist, dialing your friends' cell phone numbers with shaking fingers, happy tears running down your face. When you left all of the "hows" to the Universe.

And you're gonna say, "Oh."

And we're gonna say, through tears of our own, "Nice 'hows,' huh?"

"Action!"

# In Thought... VISUALIZATION

## 3 More Considerations:

1. Emotion revisited

2. Set up formal practice

The trick with imagination,

...is remembering to use it.

Visualize every day!

# In Thought... VISUALIZATION

## 3 More Considerations:

1. Emotion revisited

2. Set up formal practice

3. Get **PHYSICAL!**

# Anyone watching you?

Good. This is a double-secret exercise.

Pretend you just received a phone call with wonderful, mind blowing, life changing news!

As you put down the receiver, your arms fly up over your head with joy.

Pumping fists, then waving palms, like you just crossed a finish line before throngs of adoring fans.

You cover your face with your hands trying to contain the euphoria, but it doesn't work, so you reach for the sky again while shaking your head in disbelief.

You're grinning, crying, and just so happy!

Yes! Life is awesome, and you feel so grateful!!!!!!!

Got it?

Now if someone catches you doing this, just tell 'em it was your pet psychic who called, and they'll forget everything they just saw.

The Universe xxoo

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# Be there, go there now, and never leave.

Imagine that your dreams have already come true. Live your life from *that* mindset; predicate your behavior on *that* reality, not the illusions that now surround you. Filter every thought, question and answer from there. Let your focus shift and be born again.

Because dwelling from, *not upon*, the space you wish to inherit, is the fastest way to change absolutely everything.

See the difference?  
The Universe



# All right, the reservation's been made

and a Beechcraft 400A private jet with experienced staff, advanced multimedia hook-ups for each passenger, and faux leopard skin sleeper-recliners throughout, will be yours for any 21 days you choose. Just as soon as you arrange payment of \$368,750, in advance. Fuel, of course, will be extra. A lot extra.

Now, repeat after me:

"You have to be joking!

"Faux leopard skin is so 'early 2000.'

What else do they have?"

Cool. Now stay with this perspective, because this kind of transaction takes place every single day for those who already have. And because perspectives summon circumstances that change fortunes.

# Raising the Bar is easy!

1. Learn not to condition your behavior on the illusions.

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1. Learn not to condition your behavior on the illusions.
2. Don't sweat the direction you first move in.

# Rarely, are the first steps

in a journey anything like the final ones,  
either in direction, pace, or grace.

So please believe me when I tell you that none  
of those things are even half as important as is  
that there are steps at all.

Vroom, vroom –  
The Universe

By the time you're really rolling, it will be in a  
direction you cannot now even imagine, so  
please, for the time being, just roll.

# Raising the Bar is easy!

1. Learn not to condition your behavior on the illusions.
2. Don't sweat the direction you first move in.
3. Use your head AND heart.

# Raising the Bar is easy!

1. Learn not to condition your behavior on the illusions.
2. Don't sweat the direction you first move in.
3. Use your head AND heart.
4. Realize **EVERYTHING** matters.

# Thinking BIG...

but acting small....

Is the same as thinking small.

And nodding in wholehearted agreement, yet not changing your routines in the days that follow, is the same as not agreeing at all.

# Raising the Bar is easy!

1. Learn not to condition your behavior on the illusions.
2. Don't sweat the direction you first move in.
3. Use your head AND heart.
4. Realize EVERYTHING matters.
5. Pretending counts, **BIG TIME!**



Here's what I ask folks,

who aspire to being fabulously rich:

"Couldn't you just pretend  
you're a multimillionaire?"

"You know, right after you're  
done pretending you're not."

O-o-o-o-o-o-o-o-o-o-o-u-h.....

The Universe

# Raising the Bar is easy!

1. Learn not to condition your behavior on the illusions.
2. Don't sweat the direction you first move in.
3. Use your head AND heart.
4. Realize EVERYTHING matters!
5. Pretending counts, BIG TIME!
6. *Just do your best, it's always enough.*

# Vincent Van Gogh once said:

"If you hear a voice within you say  
'you cannot paint...'

"then by all means paint,  
and that voice will be silenced."

# Raising the Bar is easy!

1. Learn not to condition your behavior on the illusions.
2. Don't sweat the direction you first move in.
3. Use your head AND heart.
4. Realize EVERYTHING matters!
5. Pretending counts, BIG TIME!
6. Just do your best, it's always enough.
7. Understand WHY you do what you do.

# Invariably...

when big dreams come true, and I mean BIG, there is a total metamorphosis of one's life.

Thoughts change. Words change. Decisions are made differently. Gratitude is tossed about like rice at a wedding. Priorities are rearranged and optimism soars. Yeah... Those folks can be really annoying.

You could have guessed all that, huh?

But would you have guessed that these changes, invariably, come about before, not after, the BIG dream's manifestation?

Invariably means always.

# Exercise – Acting lessons!

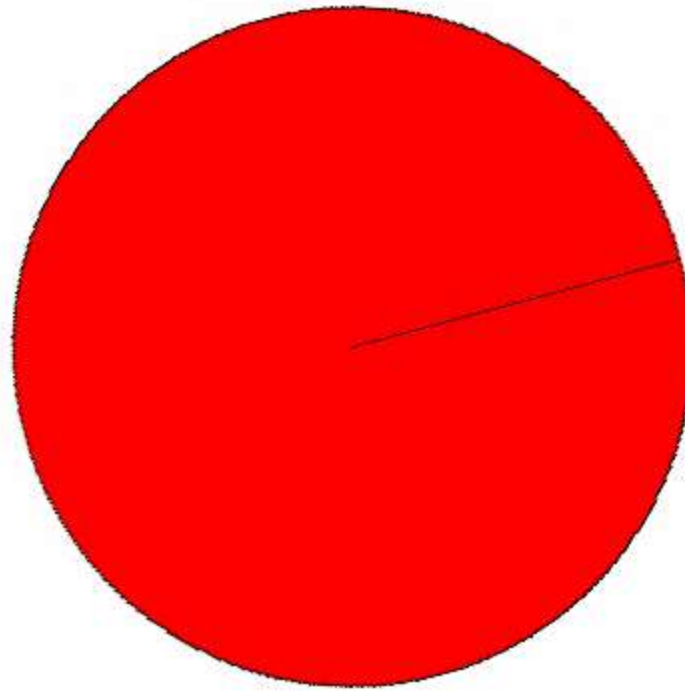
- ◇ Part A – List one big dream that's already come true (from prior list), along with its consequences.
- ◇ Part B – List a new dream that will come true, along with its consequences.
- ◇ Part C – Share both dreams with a neighbor, speaking in the past tense.

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# Infinite Possibilities

## Infinite Possibilities

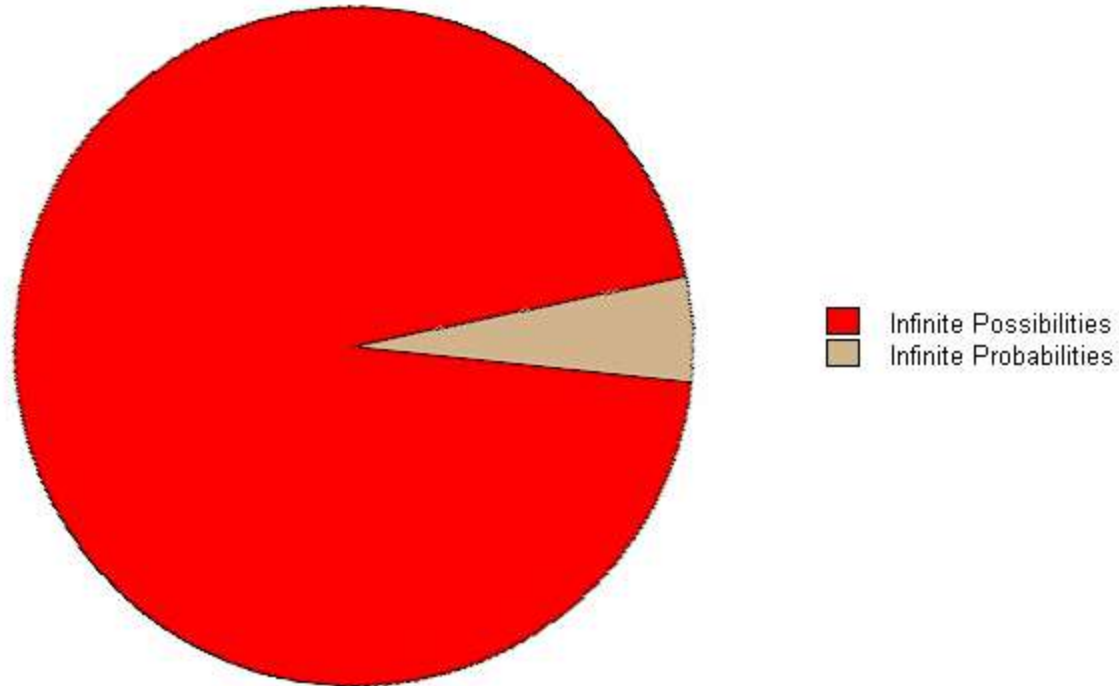


■ Infinite Possibilities



# Possibilities V. Probabilities

## Infinite Possibilities Versus Infinite Probabilities



# The Courage to be Yourself

1. Be led by joy – not future dividends.

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# The Courage to be Yourself

1. Be led by joy – not dividends.
2. "Joy" doesn't mean challenge-less.
3. **Selfishness is a virtue.**

# This is to remind all my loyal subjects...

that you are *not* my loyal subjects. And that I'm bloody tired of all the sacrifices, appeasements, and groveling.

I, the Universe, the sun, the moon and the stars, the Alpha and the Omega, and all the rest, have created a paradise in time and space so that I, *through you*, might experience its infinite splendors, drink from its every cup, and live, love and be merry, in ways impossible without you.

Your desires are *my desires* for you. What you want and when you want it, *these were my ideas, too*. Your dreams, are my dreams. You are the end all and be all of time and space, the only reason for this Garden of Eden. You can do no wrong, there are no mistakes, and it's all good.

Follow your heart and delight in your preferences. Approve of yourself. Stake your claim, demand it, and hold out your hands. Banish your doubts, get off of your knees, and live as you please. Because, dearest, you can, and this is all I ever wanted.

# The Courage to be Yourself

1. Be led by joy – not dividends.
2. "Joy" doesn't mean challenge-less.
3. Selfishness is a virtue.
4. Your dreams are untouchable by others.

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6. When otherwise stuck, chance the unknown.



# The Courage to be Yourself

1. Be led by joy – not dividends.
2. "Joy" doesn't mean challenge-less.
3. Selfishness is a virtue.
4. Your dreams are untouchable.
5. Your life purpose is simply to "be."
6. When otherwise stuck, chance the unknown.
7. Honor your preferences.

# Having preferences...

doesn't mean you're judgmental;  
whether they're likes or dislikes.

They just ensure that as the winds of divinity are  
blown through your heart, the melody is  
unlike any other.

So have them. Have them BIG time.

The Universe

Like that one? Or dislike?

# EXERCISE – 3 3's

- ◆ The 3 things you most love about "life."
- ◆ The 3 things you most love about yourself.
- ◆ The 3 most important lessons to master.

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# To those who ask,

“Why does bad stuff happen  
in a magical world with a loving Universe?”

I ask, “Does it?”

Why do so many in time and space draw conclusions based upon the perceptions of their physical senses alone? As if they've ever been useful in explaining the ethereal. As if there could have somehow been a mistake. And as if they haven't yet grasped, based upon the effortless possession of their own, that life must be eternal.

# You do know, of course...

why you're here - don't you?

Because you couldn't resist the challenge.

Nothing in all creation, not in any sphere of the Universe, compares to being born into time and space without any recollection of your past; having to find your own way when lost, your own courage when frightened, and the infinite powers at your disposal when challenged; left to the elements to rediscover your supremacy over them; driven by your passions so that you might rise above your humble, naked beginnings, and ultimately see through the illusions that had trapped you. To find yourself, once again, high upon the throne of thy Kingdom come from whence it all began.

**Either that, or you were dared.**

# As if the most accomplished

among you didn't have their own piercing doubts, fears, and worries; didn't have spells when they believed they were inadequate, lost and dependent; hadn't at times felt downhearted, discouraged, and all alone in the world.

Yet still, you know their names.

# Turning Adversity into Adventure!

1. Accept responsibility.



# Turning Adversity into Adventure!

1. Accept responsibility.
2. Get back in the saddle *and ride!*

# Turning Adversity into Adventure!

1. Accept responsibility.
2. Get back in the saddle *and ride*.
3. Help others.

# Turning Adversity into Adventure!

1. Accept responsibility.
2. Get back in the saddle *and ride*.
3. Help others.
4. Choose perspectives wisely.

# If you knew of a spectacular...

mountain that was very, very tall, yet climbable, and if it was well established that from its peak you could literally see all the love that bathes the world, dance with the angels, and party with the "Gods" ... would you curse, or celebrate, each step you took as you ascended it?

Right-O. Life is that mountain, and each day a step.

PS – Fear not, last time I checked, you were so close to the top they were taking your Toga measurements.

# EXERCISE... Revelations, Gifts, Insights

1. List a past challenge and how it's now made your life BETTER.
2. List a challenge you have *today* and how it has, or will, make your life BETTER.

# I keep telling 'em...

that it's a jungle out there; that time and space isn't a place for "scaredies"; that toes are stubbed, hearts are broken, and dreams can seem to be shattered into a million pieces. I tell 'em that the illusions are so captivating they won't even remember who they really are. And that the emotions can be so painful, at times they might fleetingly wish they were dead.

But it's like, that just makes them want to go even more.

Adventurers.

You bad.

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# I have to tell you...

That one of the greatest things about being the Universe, is knowing absolutely everything. Well, that, and making dreams come true. I also love being eternal. And having no limits. Creating worlds simply with thought. Knowing that reality is unfolding just exactly as it should. Having it all, being it all, doing it all. And I like being perpetually in love, and loved.

How 'bout you?  
What's your favorite thing  
about being the Universe?

XXXXXXXXXXXXXXXXXXXXX OOOOOOOOOOOOOOOOOOOOO!



# Do you remember learning to ride your first bike?

How impossible it seemed at first? And how impossible it now is to imagine it was ever hard? Well, thriving within the illusions of time and space is like that, too.

First you checked it out from the sidelines, then you dreamed of your own, and the next thing we knew, off came the training wheels and I dutifully, dotingly and reluctantly let you go while galloping breathless at your side, as you let rip one wicked, *"HANDS OFF!!!!!!!"*

And so I watch, beaming with pride over your first solo trips. Impressed beyond belief with your courage and determination. Stunned by your natural talent and ambition to grow. Humbled by your willingness to risk a fall. Comforted by knowing that you're exactly where you most wanted to be. And stretching even my own vast mind, as I ponder and contemplate just how far you will go...

Ride on, brave heart, ride on –  
The Universe

You will be home for dinner, won't you?  
All of your favorite things will be waiting....

# Is LIFE Fair?



Is LIFE Fair?

**No!**

# Is LIFE Fair?

The cards of life are so heavily stacked in your favor...

It's a joke!

# Manifesting Change – It Couldn't Be Easier!

**TUT ADVENTURERS CLUB  
2006-2007 WORLD TOUR**

Mike Dooley

# You know how...

when you visualize something everyday, to the degree that you can literally taste its reality? And you believe in the likelihood of its manifestation with all your heart and soul? And as often as you think of it, in at least some small way, you prepare for its arrival? Yet still absolutely nothing happens?

**Right!!**

**That's impossible.**

Just do your part, I'll do mine, and everything has to change.

# There's always, and only,

one sure way to bridge the gap, heal  
the wound, mend the fence and  
otherwise reach those who seem  
unreachable.

**Thought.**

Send them your finest,  
The Universe.

# It's as if, when moving...

from point "A" to point "B" in your life - from sickness to health, poverty to wealth, whatever - at some point in the journey, arriving at point B becomes inevitable. A sure thing. Critical mass is achieved. However, at no point in your journey is this physically verifiable - until you reach point "B".

The point being (yuck, yuck), you may have already crossed that line. But you'll never know it, unless you see the journey through.



# Have you ever wondered...

at how you might change, once some of your grandest dreams are realized? About how you'd behave differently if you already had a fabulous house on the lake, or if you were suddenly surrounded by mobs of loving and adoring friends?

**You'd saunter.**

**Yep, when you walked outside your home, through the 'hood, grocery store, or office, you'd saunter. You'd even saunter inside your home.**

So start sauntering. Get into it. And maybe start winking, too. Not only will people notice your calm, your grace and your confidence, but so will I.

# If you were to ask me,

I'd probably say that the #1 cause of loneliness in time and space, is not a lack of friends, but a lack of keeping busy.

I'd even go so far as to say that 9 out of 10 times, the solution to every crisis, challenge or problem - in relationships, careers, or otherwise - is to get busy.

Because when you get busy, you allow me to slide whatever you most need, be it material, spiritual, or a new friend; answers, ideas or comfort; right under your big ole' nose.

Tallyho, The Universe

The 10th time? It's to first be still - and then get busy.

It's really, really simple.

Do what you love,  
and you'll become a magnet  
for all things good.

As if you needed the extra incentive.

# It isn't easy at first,

but one of the greatest gifts you could ever give someone who makes your heart soar, is the freedom to learn their own lessons, at their own pace.

Even trickier, is discovering that one of the greatest gifts you could ever give someone who gets on your nerves, is the freedom to learn their own lessons, at their own pace.

And perhaps most challenging of all, is understanding that one of the greatest gifts you could ever give yourself, is understanding that your heart soaring and your nerves fraying, have never been dependant upon other people and their lessons.

Tallyho, The Universe

In all cases, I meant "besides chocolate".

# I'm often asked,

being the Universe and all, "What's the purpose of life?"

But truthfully, no matter who or what you are that's a pretty daunting question. So daunting, I'm invariably compelled to reply with a few questions of my own:

"Do you mean besides having fun? Besides learning that the world has always spun in the palm of your hand? Besides bicycles, long walks and hot chocolate? Besides holding hands, giving hugs and drying tears? Besides having a dream and making it come true? Besides June, Mondays and Polar Bears? Besides witnessing miracles that only you are privy to? Besides sunrises, sunsets, and every rare and fleeting moment in between?"

Daunting is an understatement.

Happy Monday!  
The Universe

# In a 2005 European Study...

## Swedish and UK scientists discover...

1. Working to achieve a goal, rather than attaining it, makes people more satisfied.
2. People who are most active feel the most joy.
3. When people are doing work they are suited to, happiness is not even linked to the rewards.

# The Good News, Thursday, Dec 30, 2004

By Radley Balko [www.foxnews.com](http://www.foxnews.com) (with permission)

- Juvenile violent crime has nearly halved – since 1995.
- Teen birthrates are at a 20-year low, and high school dropout rates are at a 35-year low.
- Every major air pollutant in the US has dropped dramatically since 1970. U.S. water has been getting steadily cleaner for the last 20 years.
- In past 45 years life expectancy in developing countries increased from 46 to 63 years. Mortality rates of children under five are half of what they were.
- There were just 19 major armed conflicts in 2003, down from 44 in 1995.
- 70% of the world's nations are holding multi-party elections. The highest point in human history.
- The world is less poor. Since 1980, the total number of people living on less than \$1 per day has fallen by 200 million.

What most mortals don't quite realize,

is that for every thought they think,  
the world is physically changed.

But then, that's what makes them mortal.

Oh, the places you will go –  
The Universe.



# A super secret money insight,

from your magician friend, The Universe...

While great joy inevitably yields great abundance,  
rarely does this relationship work in reverse.

But hey, at least you'll be rich.

Whoop-dee-do,  
The Universe

Dream of "the life," not the money. Because  
always, it's "the life" that draws the money, and  
not the other way around.

For a long time yet,

there will still be things not to like in time and space... animal testing, war, discrimination, hatred, to name a few.

But you realize, don't you, that only while you're there, can you do anything about them?

Oh yeah.

We can only watch.

The Universe

Indeed, there are differences only you can make, and people only you can reach.

# To set the record straight:

However cool you think it might be to have an Out-Of-Body experience - floating over your house, flying through space, traversing the past, present and future - let me tell you, it'll never be as cool as being in the one you now have.

Walking barefoot in the grass, floating on a sun drenched pool, or even dancing alone in the dark.

You so "fly" -  
The Universe

Trust me, from here, getting In-To-Body is considered the most sacred of all sacreds.

# Of course you sometimes feel alone,

confused, and frightened! You come from an ancient spiritual family of the finest imaginable lineage, loved and respected by all. They threw the happiest parties, knew the happiest souls, and lived in mansions of solid gold. They were so adored and respected throughout the cosmos that whatever they wanted, they received 12 times over.

You, however... We-I-I, it's like when it came time for your education and the furthering of your divine awareness, you just had to go far, far away. To the most remote, little school ever heard of, deep within the jungles of time and space, called Earth.

Created quite the stir, you did. Until, of course, you began sending home postcards from the sleep state. Now, as you might have guessed, they toast your name every single night in total awe of your courage.

Me, too. You hooligan.

I ask you, as humbly as I can,

to consider taking the path less traveled, going within and getting quiet. Being yourself, shining your light, and reaching out to others....

No, no, heavens no! Not what you're thinking!!  
I ask these things not that they might be an alternative to living high on the hog, in the fast lane, loaded down with embarrassing wealth...

but as a means of attaining them.

Just striving to preserve our options –  
The Universe

# Would you believe...

that there are some people who actually think they can change their life through "pretending it better"?

Yep! And we call them Masters.

In awe of you,  
The Universe

Sure beats pretending nothing is happening. Ha!

# Did you know,

that you can expect extraordinary miracles to manifest in your life about 2% more often, simply by learning that your thoughts become the things and events of your life?

**"Whoop-dee-do."**

And that you can expect extraordinary miracles to manifest about 25% more often, when you not only learn this, but you also visualize at least several times a week?

**"Oh, cowabunga."**

But when you understand "thoughts become things," you visualize, and you begin saying and doing things, every day, that you've never said or done before, the onslaught of serendipities and coincidences are immeasurable.

**"Holy #\$\$%^ ^! I'll have what she's having!"**

Yeah, sounds like it's worth it –  
The Universe