Safari Series #1 Mike Dooley July 2, 2009 www.tut.com

# The Ultimate "End Result"

*"Most people are about as happy as they make up their minds to be."* 

#### Abraham Lincoln

## HAPPINESS

#### 1. OUR #1 Responsibility

The evolution of faith, usually spanning millions of years, typically looks like this...

Not believing in "the Universe."

Believing in "the Universe," but secretly doubting it, too.

Fearing "the Universe," but secretly loving it, too.

Loving "the Universe," but secretly fearing it, too.

Realizing that "the Universe" was you, all along.

## HAPPINESS

1. OUR #1 Responsibility

# 2. Our #1 RewardGame over, YOU WIN!

• #1 Giver of all things!

Thursday! Thursday! Thursday! Our favorite day here, for 3 reasons:

First, it's today.

Second, you're in it.

And third, because your thoughts will become things *even faster* when you're happy about something – you know, like the weekend ahead, staying up late, or getting to wear your PJs with the built-in slippers, mittens, and hood (we won't tell a soul about the rabbit ears).

Hop, hop, hop – The Universe Yes, much faster when you're happy about something. Happiness is LIFE'S ULTIMATE END RESULT!

## The Ultimate **End Result Getting Your HAPPINESS** 1. **On; the HERE & NOW** 2. The most POWERFUL **CHANGE AGENT in**

**Time and Space** 

#### 1. Need not be CONTINGENT

In a slightly different world, if dogs believed in "soul mates" between themselves and their owners... can you imagine how lonesome most would be?

Oh, there's definitely room for "picky," but there's also room for "surprise me."

> Oh, Wow! The Universe

"Cute Dachshund ISO cool human with large yard near beach. Must be mindreader, watch Animal Planet, and listen to Beethoven. No pic, no reply." Here's the thing... Admission into time and space requires a belief in limits: a belief that both time and space are real; that you can therefore have and have-not; that love can be lost or found; and that you are what your physical senses show you and no more.

These illusions immediately lead you to believe that you are incomplete. Yet, far from indicating you are flawed, they reveal your brilliance as they fill you with desire, ignite your emotions, fuel your passions, and catapult you out into the world where journeys are begun, connections are made, and dreams come true... only to be replaced by new dreams as your divine sense of incompleteness persists.

This is by design. Feeling incomplete does not make you so. It's how legends are born, giants are made, and history is written. It's why you're here. To ever so briefly escape your true identity as you live with an unquenchable thirst that will lead into adventures of grandeur, discovery, and a realization that love is all there is.

Your trusty accomplice, The Universe

The truth is, you are complete, you are where you should be, nothing has been missed, and I'll see you at the ball.

What if it was your downtime... ...your lounging-in-bed-too-long time, your walkabout time, and your sad and lonely times that were exactly what made possible your highest achievements and greatest joys?

> Would they still make you feel guilty? Or would you allow yourself to enjoy them?

About time -The Universe

Even your watching-the-rain time?

Need not be CONTINGENT
CHOOSE it

You know that feeling of accomplishment, triumph, and sublime joy that immediately follows a job well done, a victory, or a fresh, hot pizza delivery to your door?

I say feel it now.

Go on. Give it to yourself without all the rules.

Your boss, The Universe

Feel it later, too. And from now on, let's choose to feel these things often. Just because.... Do you know why dogs are so quick to wag their tails, and cats so quick to purr - even ones who have been lonely, abused, and betrayed?

Because, as is true of all animals, they were instilled with the distant awareness that no matter what the world shows them, they're still deeply loved and needed, that their presence alone, has made a difference, and that in just the shake of a leg, seemingly without reason or rhyme, everything can fantastically change, for the better.

As is true of all people, except sometimes they tend to forget.

Meow, Meow, Meow -The Universe

Oh yeah, they also believe in miracles.

Need not be CONTINGENT
CHOOSE it
GRATITUDE & Appreciation

There is *always* something to be happy about. Truly happy.

And if you have the audacity to find it and the courage to make it your focus, in spite of the countless temptations to dwell upon problems that don't really exist, you will have learned well, your life will be transformed, and all things will be added unto you.

"End" game, The Universe

Trust me, I have connections.

Need not be CONTINGENT
CHOOSE it
GRATITUDE & Appreciation
DIE to the ILLUSIONS

What if, happiness didn't have anything... ... to do with what you had, where you've been, or who you were, and arose entirely from what you chose to think about, yet nobody knew this?

AND, that changing your thoughts, so that you could feel happier more often, would entirely change what you had, who you were, and where you're headed, yet nobody knew this either?

Do you think if we told them they'd choose to think differently?

Thinking of you -The Universe

Yeah, I think we should make it sound A LOT HARDER so that it has more appeal.

Life & Teachings of the Masters of the Far East Volume 1

Speaking of Jesus....

"... Jesus was a man just as all men are today. He suffered, was tempted and tried, just as you suffer because of temptations and trials...

"He spent hours everyday alone with "God"...

"He was obliged to try over and over again as you are doing. He was obliged to hold fast as you are obliged to hold fast, even with clenched fist and set teeth and saying, "I will succeed. I do know the Christ lives within me."

Need not be CONTINGENT
CHOOSE it
GRATITUDE & Appreciation
DIE to the ILLUSIONS
Visualize HAPPINESS

Do you know what the one question is, that we hear the most from those who've made big dreams come true? You know, once the floodgates burst open, torrents are unleashed, and they're swimming in laughter, friendships, and dinero? In the very same moments that it seems the entire world is beating a path to their door with more love, appreciation and opportunities than they've ever known?

"What on earth did I ever do to deserve so much?" And we're usually, like... "Dude, you visualized." Beginners. The Universe When it comes to setting aside a little time each day to visualize, look at it like this: No matter how distracted you become, nor how confused you are about the process, the simple fact that you gave your dream this time and attention, means you did it correctly, you did it long enough, and that by the time you opened your eyes, already in the unseen, huge wheels began turning.

You think I'd make it hard?

Your humble servant, The Universe

And if you aren't visualizing, that's perfectly all right. Lots of people still succeed the hard way.

Need not be CONTINGENT
CHOOSE it
GRATITUDE & Appreciation
DIE to the ILLUSIONS
Visualize HAPPINESS
Be Gentle with YOURSELF

Nothing is ever lost. Not time; for what seems to have passed, lives on in the wisdom of future decisions. Not money; for what seems to have been spent, was only invested. And not love; for what seems to have vanished, has only moved so close you must look within your heart to see it.

Here and now, whether or not it's obvious, you are the best you've ever been.

So proud, The Universe

And to think that I adored you before.

## The Ultimate **End Result Getting Your HAPPINESS** 1. **On; the HERE & NOW** 2. The most POWERFUL **CHANGE AGENT in**

**Time and Space** 

# CREATING CHANGE

1. An END RESULT

2. Taking ACTION in the GENERAL DIRECTION of your END RESULT If you just whistle every now and then; skip every thousandth step or so; skim the odd stone across the odd pond; go dancing on the occasional blue moon, if only alone in the dark; dress up sometimes, even with nowhere to go... for simply stirring up some little bit of hope, no matter how silly or disconnected your actions seem to be with the rest of the world ...

magic flashes in the unseen, friends are summoned, connections are timed, stars are aligned, opportunities are crystallized and serendipities are calculated creating possibilities for new realities that cannot now even be imagined from where you presently stand.

Shazaam -The Universe

And you thought "buy low, sell high" was sage advice?

#### Happiness.....

is what greases the wheels of life. It's also what opens the floodgates, marshals the forces, commands the elements, raises the sun, moves mountains, beats your heart, heals what hurts, turns the page, makes new friends, finds true love, calls the shots, waves the wand, connects the dots, feeds your mind, frees your soul, rocks the world, and pays compound interest.

Yeah, so easy to forget. Wild on, The Universe It's not bad for making dreams come true, either.

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