Keys to the Kingdom
Entire Curriculum and Lessons - Overview

Preface-Introduction (Optional, but suggested)

1. Thoughts Become Things
2. Beliefs
3. Emotions
4. Taking Action
5. Instincts and Hunches, Dreams and Desires
6. Faith and the Magical Universe
7. The Meaning of Life

= 8 Possible Talks/Presentations in 6 hours = 8 - 45 Minute Lessons
Preface/Introduction to *Infinite Possibilities*

1. Life is magical.
2. We are powerful.
3. Everyone can succeed, no matter who, no matter what.
Thoughts Become Things

1. “Thoughts Become Things” is the starting point of creating any type of change.
2. You don’t have to be positive 24/7 to have a happy successful life.
3. Use a creative visualization exercise once a day.
Beliefs

1. Your beliefs hide behind your opinions about life, people, happiness, etc.
2. Your beliefs shape your thoughts, and therefore your life.
3. You can change your beliefs by changing your thoughts, words, and behavior.
Chapter Key Points

Emotions

1. Our emotions are the product of our beliefs and perceptions.
2. Emotions are life’s feedback system.
3. Unpleasant emotions can point to limiting beliefs about certain situations.
Taking Action

1. For creating major life changes, taking action is mandatory.
2. You don’t have to know HOW your dream will come true.
3. By taking action, you are creating possibilities – infinite possibilities!
1. Instincts and hunches are from our “higher” spiritual selves.
2. Our dreams and desires are windows into the future.
3. We all have inner senses that guide us.
Faith and the Magical Universe

1. Faith means having confidence in something that you cannot see.
2. Even amongst uncertainties, we can still live deliberately.
3. God/the Universe is alive inside each and every one of us.
The Meaning of Life

1. Life is an adventure into learning and happiness.
2. The meaning or purpose of life is simply to live it.
3. Success boils down to vision, belief, and actions.
This page contains a message from the Universe. It reads:

\[
\text{A Note from the Universe...} \\
\text{It was perhaps one of your greatest acts of love.} \\
\text{Choosing to be alive at a time when so many live so deeply in the dark.} \\
\text{And already things are looking brighter.} \\
\text{All bow,} \\
\text{The Universe} \\
\text{P.S. Your finest hour. And mine, too.}
\]
Keys to the Kingdom